

Baaan GIS-TIMES



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Value of the Month

"Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. Thankfulness may consist merely of words. Gratitude is shown in acts."







Dear Readers,

In a world where schedules are hectic and priorities frequently shift, it's all too easy for the essential bonds of family to slip through the cracks. That's the reason an entire month in GIS has been dedicated to celebrate and reinforce the connections. Family Bonding Month serves as a beacon, guiding us back to the heart of our relationships. By celebrating this month, we acknowledge the profound impact that our family members have on our lives and express gratitude for their presence and Pitra Matra Vandan; Parents Day were celebrated.

As we celebrate Family Bonding Month, let us not only cherish the moments we share with our loved ones but also recommit ourselves to nurturing these relationships throughout our lives. For in the embrace of family, we find solace, strength and solidarity for growth and joy.

Happy Reading# Happy Learning!

Ms. Bobby Sharma

(Senior Academic Coordinator)



Matra Pitra Vandan

GIS Campus was filled with reverence and unity as we celebrated the Matra Pitra Vandan Ceremony. Parents of Grades III - V participated, setting a heartfelt example as they worshipped their own parents. Following this, children honoured both their grandparents and parents, weaving a beautiful bond among the three generations.

The ceremony was enriched by the chanting of shlokas as the students performed 'Parents' Stuti', adding a spiritual and profound touch to the event.



Parent's Day Celebration

Parents' Day celebration featuring skits and dances performed by students. The event aimed to honour and appreciate the unwavering support of parents in their children's lives. The celebration began with a welcome speech by the Principal, followed by a vibrant welcome dance performance by Grade One students. Their energetic movements and colourful costumes set a lively tone for the event. The students' impressive acting skills and the emotional storyline resonated deeply with the audience. Following the skit, there were dances to express the happiness of a perfect family bond. The intricate choreography and enthusiastic participation were met with loud applause and cheers. The event concluded with a Thank You dance to express gratitude and heartfelt thanks to parents for their unconditional support.

















Class - XII Result











GIS in NEWS

गेटवे में भाविक ने हासिल किया अव्वल स्थान गेटवे स्कूल का 12वीं की विज्ञान संकाय मेंछात्रभाविक 95.6 प्रतिशत अंक लेकरप्रथम स्थान हासिल किया। 10वं में सात्विक शर्मा 98. 4 प्रतिशत के साथप्रथम स्थान पर रहा।स्कूलके निदेशक राहुल मंगला ने सफल विद्यार्थियों को बधाई दी।





Students of Gateway International School, have yet again proved that they can not just excel in academics but they have showcased their prowess in literary competitions. GIS students participated in Literary Fest organized in Holy Child School and the event served as a platform to honour the achievements of the Gatewiians. In English Declamation Competition GIS team bagged the BEST TEAM in ENGLISH DECLAMATION. Sanjana & Ashita (Class X) with their eloquence and persuasive arguments impressed the jury members. Ms. Sanjana(ClassX) secured II Position in English Declamation Competition in Individual Category. Her ability to articulate complex ideas with clarity and conviction was commendable. GIS students have also shown their dynamic display of talent and creativity in HINDI NUKKAD NATAK COMPETITION. They secured II Position in the event. Through their powerful performances, participants brought to light pressing societal concern and ignited conversations for change.





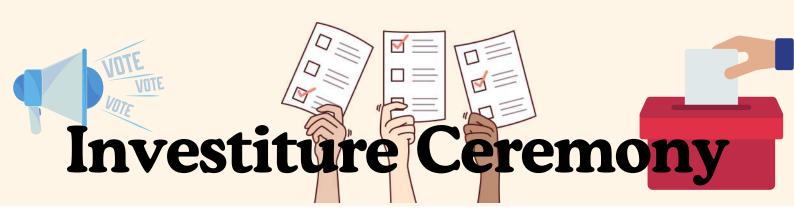




Events







"Everyone can rise above their circumstances and achieve success if they are dedicated and passionate about what they do".

Today, Gateway International School proudly held its annual Investiture Ceremony for the session 2024-2025, a momentous occasion where young leaders were bestowed with responsibilities to uphold the school's values and lead by example. The event was a testament to the school's commitment to nurturing not just academic excellence, but also character and leadership among its students.

The names of the selected council body:

Head Boy	Arya Dahiya
Head Girl	Priyanshi
School Discipline Prefects	Niharika and Samarjeet
School CCA Prefect	Khushi
School Sports Prefect	Ayaan
School Public Speaking Prefect	Sanvi
School Editorial Prefect	Sejal
Varun House Captain & Vice Captain	Aditi Malhotra & Nancy
Vayu House Captain & Vice Captain	Sanjana & Naitik
Vasudha House Captain & Vice Captain	Minali & Ishita
Vyom House Captain & Vice Captain	Radha & Sanskriti

The newly appointed student council members, prefects, and house captains took the solemn oath, pledging their dedication to their roles and promising to uphold the ideals of integrity, compassion, and responsibility. It was a poignant moment as they accepted the mantle of leadership, knowing that they were entrusted with guiding their peers towards excellence and contributing positively to the school community.













Mother's Day

At Gateway International School, our youngest stars from *Classes I-II* have crafted majestic crowns and heartfelt cards, brimming with love for their amazing moms.

To all the moms out there, your boundless love, wisdom, and encouragement light up our worlds.

Here's to a day overflowing with love, joy, and treasured memories.



Happy Mother's Day!

Understanding the Community

Our GIS Juniors from grades III to V had a heart-warming visit to Renu Vidya Mandir, a school for visually impaired children! They shared gifts and participated in wonderful activities like art with all the special children of the school. The cultural performances of both the schools prepared especially for each other, added glitter to the union. The grand finale had everyone dancing together, celebrating unity and joy. Through this experience, our students learned invaluable lessons in sharing, caring, inclusivity, empathy and respect. A day spent building new bonds and inspiring each other.

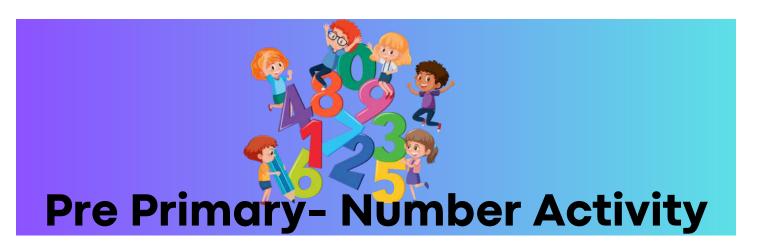




On May 3, 2024, our little ones arrived dressed in various shades of blue, bringing along objects from home to explore and share with their friends. Through fun-filled activities like flower-making and fingerprinting, our students learned about the different hues of blue interactively and engagingly.

To further enhance their understanding, a special theme was arranged featuring aquatic animals in the ocean. From exploring the depths of the sea to discovering the beauty of the sky, our students had a blast immersing themselves in the world of blue. Through this activity, our students not only had fun but also developed a deeper appreciation for the colour blue and all its shades. On May 3, 2024, our little ones arrived dressed in various shades of blue, bringing along objects from home to explore and share with their friends. Through fun-filled activities like flower-making and fingerprinting, our students learned about the different hues of blue interactively and engagingly. To further enhance their understanding, a special theme was arranged featuring aquatic animals in the ocean. From exploring the depths of the sea to discovering the beauty of the sky, our students had a blast immersing themselves in the world of blue. Through this activity, our students not only had fun but also developed a deeper appreciation for the colour blue and all its shades.





Unlocking the world of numbers through hands-on experiences is in the heart of Gateway International School's approach to learning.

Our engaging activities and interactive sessions guide students in discovering the power of grouping, from counting marbles to sorting toys. Each activity is meticulously crafted to inspire curiosity and instil a profound understanding of numbers. Join us on an exhilarating adventure with Diamond class, where our young learners dive into the magic of numbers through the art of grouping by five.



Pre Primary- Mirror Activity

Students of Grade Ruby were engaged in a mirror activity through which they explored selfawareness and social comparison. Initially, with small mirrors, they observed their own expressions and gestures, fostering self-discovery.

Later, they gathered around a big mirror, sharing reflections with friends, recognizing both similarities and differences. Through this playful exploration, they developed a deeper understanding of themselves and others.





Exploring Curd Making through PBL

The Grade V students embarked on an exciting journey to uncover the secrets behind one of the most beloved dairy products – curd. Through a hands-on Project-Based Learning (PBL) activity, they delved into the process of setting curd while unravelling the fascinating science behind it.

The primary aim of this PBL activity was to enable students to understand the step-by-step process of curd formation and to appreciate the role of bacteria, specifically Lactobacillus, in this transformation.

Students were guided through the scientific process behind curd formation. They learned that curd-making involves the fermentation of milk by beneficial bacteria, particularly Lactobacillus. The role of warmth in providing an ideal environment for bacterial growth and the conversion of milk sugars into lactic acid were highlighted. Armed with their newfound knowledge, students actively participated in setting curd. They followed a step-by-step procedure, from heating the milk to the optimal temperature, adding a starter culture containing Lactobacillus, to allowing the mixture to rest undisturbed for several hours to facilitate fermentation. Throughout the waiting period, students keenly observed the changes occurring in the milk, noting the thickening texture and slightly tangy aroma indicative of curd formation. This provided them with a first-hand experience of the transformation process.

As the culmination of their efforts, students enjoyed a delicious raita made from the freshly set curd. This not only served as a rewarding conclusion to the activity but also reinforced the practical application of their newfound knowledge.

Through this PBL activity, the Grade V students achieved several key learning outcomes:

- Understanding the scientific principles behind curd formation.
- Appreciating the role of bacteria, specifically Lactobacillus, in fermentation.
- Developing practical skills in curd setting through hands-on experience.
- Enhancing observational and analytical abilities by monitoring the curd-setting process.
- Fostering an appreciation for the connection between science and everyday food preparation.



Exploring Directions

The objective of the activity was to help Grade IV students understand and apply cardinal and intermediate directions through a hands-on and engaging exercise. By the end of the activity, students were expected to identify and use the four main cardinal directions (North, South, East, and West) and the four intermediate directions (Northeast, Northwest, Southeast, and Southwest).

We began with a discussion about the importance of direction in everyday life. Students were asked to think of examples where they might use directions (e.g., finding a place in a new city, following a recipe, or locating a store in a mall).

The compass rose was introduced, and the four cardinal directions: North, South, East, and West, were explained. We demonstrated how these directions are used on a map.

This activity helped Grade IV students gain practical experience with directions, enhanced their map-reading skills, and fostered teamwork and problem-solving. By engaging in this hands-on learning, students developed a better understanding of spatial relationships and the ability to navigate their surroundings confidently.



First Day of School

Class III students embarked on an exciting journey as they dove into their first day of school with a thrilling PBL activity! From wide-eyed wonder to contagious giggles, each student shared their unique experience of discovering new friends, exploring vibrant classrooms, and diving into intriguing projects. With curiosity as their compass and teamwork as their guide, they embraced challenges, sparking creativity and building confidence along the way. This immersive learning adventure set the stage for a year filled with growth, discovery, and endless possibilities. Here's to many more memorable moments ahead!





Counselling Session on Good Touch & Bad Touch

"Embarking on a journey of empowerment, our dynamic counselling session titled 'Exploring Safe Boundaries' for our budding first and second graders instilled crucial safety insights. Through interactive exercises and thought-provoking dialogues, our young learners adeptly discerned between safe and unsafe touches, and discovered trusted allies to turn to in times of distress. Guided by our compassionate school counsellor's demonstrations, children embraced the invaluable lesson that their bodies are their own, fostering the ethos of security and respect, where every child thrives.





नामों की दुनिया की सैर करते हुए कक्षा 4 व 5 के शिक्षार्थियों ने संज्ञा व उसके भेदों को सीखा और सिखाया। संज्ञा के तीनों भेदों व्यक्तिवाचक संज्ञा , जातिवाचक संज्ञा और भाववाचक संज्ञा आस – पास के वातावरण से लिए गए उदाहरणों के माध्यम से अर्थपूर्ण बनाया गया। बच्चों की सक्रिय भागीदारी और जाने की इच्छा ने नामों की दुनिया को गहराई से समझने और समझाने का अवसर दिया



WE TELL OURSELVES STORIES IN ORDER TO LIVE."

- Joan Didion

An excited and thrilling storytelling activity named "Kathavachan" was conducted by Grade V learners. The "Family Bonding" theme took us into a world of love, respect, and belongingness. Learners participated with great enthusiasm in the activity. The captured moments show us beautiful and meaningful glimpses of that day.



आओ भाषा सीखें







In a bustling classroom at Gateway International School, young minds eagerly embarked on a scientific journey, unravelling the mysteries of the water cycle through a hands-on experiment. Under the guidance of their enthusiastic teacher, Mrs. Aarti Dahiya, the fifth-grade students embarked on an engaging exploration of evaporation, condensation, and precipitation. The students eagerly shared their observations and insights, forging a deeper understanding of the intricate workings of the water cycle. The young scientists emerged with a newfound appreciation for the natural world around them.



Subject Enrichment Activities

शुक्रवार को गेटवे स्कूल की कक्षा नवी वर्ग 'अ', दसवी वर्ग 'अ' और 'ब' के विद्यार्थियों ने हिंदी विषय में पठित विषयवस्तु के समझफल, सीख, प्रेरणा और जीवनोपयोगी मूल्यों को प्रकट करने के उद्देश्य से हिंदी विषय संवर्धित और बहुदेश्यीय गतिविधियों को प्रस्तुत किया | कक्षा 9 वी वर्ग 'अ' के छात्र-छात्राओं ने अपने पठित साहित्य विषय वस्तु प्रसिद्ध कहानीकार यशपाल की कहानी 'दु:ख का अधिकार" को सामाजिक और व्यावहारिक जीवन बोध और मूल्यों से जोड़ते हुए विषय वस्तु पर विभिन्न प्रोपस, चार्ट और व्याखान्वित संभाषण और डेमो अंदाज़ में शीर्षक के उद्देश्य और जीवनोपयोगी तथ्यों को उकेरा | वहीँ कक्षा दसवी अ और ब वर्ग के विद्यार्थियों ने भी अपने द्वारा पठित भाषा-साहित्य की विषय वस्तु 'कबीर दास की कृतियाँ का आज भी मानवीय-सामाजिक जीवन में प्रासांगिक' पर विभिन्न प्रोपस, चार्ट और व्याखान्वित संभाषण और डेमो से विषय के समझफल, उद्देश्य और जीवनोपयोगी तथ्यों को उद्घाटित किया | इस अवसर पर स्कूल के प्राचार्य और उप-प्राचार्या ने विद्यार्थियों द्वारा प्रस्तुत विषय संवर्धन गतिविधियों की सराहना की तथा पठित विषय वस्तु के तथ्यों को जीवन मूल्यों के तहत अपनाने की प्रेरणा दी |



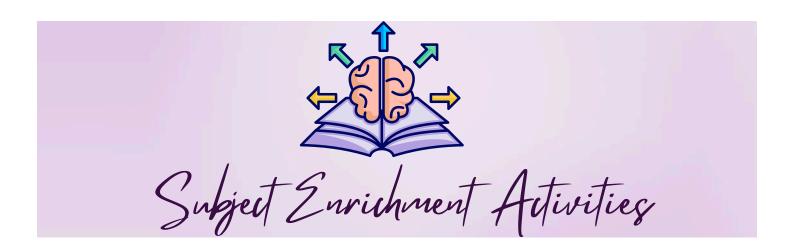
संस्कृत- SEA

कक्षा 6 के छात्रों को पशु तथा पक्षियों के संस्कृत में नाम तथा उनकी विशेषताएँ और उनकी बोली से अवगत कराया गया। छात्रों ने कक्षा में सचित्र पशु तथा पक्षियों के नाम लिखे तथा मुखौटे पहन कर संबंधित पशु तथा पक्षी की विशेषताएँ संस्कृत में बताए।



कक्षा -6 (विचाराभिव्यक्ति) विषय- कविता- वह चिड़िया जो





Mathematical Journey

Our brilliant Class VI students embarked on an exciting mathematical journey to discover Prime and Composite numbers using the ancient and very effective method known as the Sieve of Eratosthenes. This classic technique, dating back to around 200 BC, helps identify prime numbers by systematically marking the multiples of each prime, starting from 2. To make this mathematical adventure even more engaging, our young mathematicians used vibrant colour combinations to highlight the multiples of different numbers. Each student received a grid of numbers, and with colourful markers in hand, they began the process: Starting with 2: The smallest prime number, 2, was highlighted in one colour. All multiples of 2 were then marked in the same colour, instantly revealing them as composite numbers. Next, 3: A different colour was chosen for 3, and all its multiples were marked accordingly.

Continuing the pattern: The process was repeated for the next unmarked number (5, then 7, and so on), using new colours each time.

By the end of the activity, the grids were a beautiful mosaic of colours, clearly illustrating the distinction between Prime and Composite numbers. The students were thrilled to see how patterns emerged, with prime numbers standing out as the only ones not marked by any multiple colours.

This hands-on activity not only reinforced their understanding of Prime and Composite numbers but also showcased the power of visual learning. The colourful approach made the abstract concept of number theory accessible and fun for everyone involved.

We're incredibly proud of our Class 6 students for their enthusiasm and creativity in tackling this mathematical challenge.

Keep up the great work, future mathematicians!



Secularism

In a recent class activity on secularism, Grade VIII students explored the common thread of respect and dignity woven through various religions. The exercise aimed to deepen their understanding of secularism by highlighting how every faith values human worth and mutual regard.

Divided into groups, each assigned a different religion, students researched and presented their findings. They discovered that whether it's the compassion of Buddhism, the brotherhood of Islam, the kindness of Christianity, or the non-violence of Hinduism, all religions teach us to honor and respect one another.

The activity concluded with students reflecting on their learnings, recognizing that secularism is about embracing diversity with empathy. This hands-on experience helped them appreciate the shared values across religions, fostering a sense of unity and respect for all beliefs. The class concluded that secularism isn't just a political ideal but a social fabric that holds diverse communities together in harmony and peace. Through this, students learned that at the core of secularism lies the universal principles of respect and dignity, transcending religious boundaries and uniting us as one human family.



प्रश्न निर्माण (सामूहिक गतिविधि)



ASSEMBLY LANGUAGE AND CURRENT AFFAIRS





Let's take a moment to appreciate the incredible gift of family and the unbreakable bonds that hold us together. Whether it's your parents, siblings, grandparents, or chosen family, family is where love knows no bounds and acceptance is unconditional.

Today, at Gateway International School, students of grade XI-Science conducted an assembly on the topic "Family and Bonding". The assembly was a heartfelt celebration of the importance of family in our lives and the profound impact it has on our happiness and well-being.

The assembly commenced with a beautiful thought: "The strength of a family, like the strength of an army, is in its loyalty to each other", emphasizing the importance of loyalty and devotion within strong families. Through poems, speeches, and a special song, the students deepened our understanding of the significance of family.







The





GIS

Creative

Writers





लालच बुरी बला है !

एक बार की बात है, एक रमन नाम का लड़का एक विशाल घर में रहता था। जब वह लालच करता था तब

उसकी मां आग बबूला हो जाती थी। हर दिन उसका लालच बढ़ता जा रहा था और मां का गुस्सा भी। उसकी हरकतें आग में घी डाल रही थी। एक बार वह दोनों बाज़ार गए। वहाँ रमन को एक बड़ा चिप्स का पैकेट दिखाई दिया। रमन ने खरीदने की ज़िद की। उसकी माँ के मना करने के बाद भी वह नहीं माना। तब माँ ने उसको वह पैकेट दिला दिया। घर पहुँचने के बाद उसने खुशी-खुशी वह पैकेट खोला। पैकेट में 10-15 ही चिप्स थे ।उसने मन में सोचा कि यह तो ऊँची दुकान फीका पकवान है। उसका मन अंगारे उगल रहा था। फिर उसने सोचा कि अब पछताय होत क्या जब चिड़िया चुग गई खेत। उसने सोचा कि अगर मैं माँ को यह बताऊँगा कि पैकेट में काम चिप्स थे तो वह मुझपर बहुत गुस्सा करेंगी और वह खिसियानी बिल्ली की तरह खंभा नोचने लगा। अगले दिन उसकी माँ ने उसको बुलाया और कहा कि लालच करना बुरी बात है। उस

दिन के बाद वह जब लालच करने वाला होता, वह अपने अक्ल के घोड़े दौड़ाता और अपनी माँ की बात याद कर लेता। तबसे वह अपनी माँ के आँखों का तारा बन गया ।

आयुष गुप्ता-7 ब



वह बालिका जो ! हॅस कर, खेल कर पूरे परिवार का प्यार लूटती मोटी आँखों वाली प्यारी मुस्कान वाली मैं हूँ! वह बालिका जो चित्रकारी कर पूरे घर में रंग बिखेरती सबको हँसाती प्यारी मुस्कान वाली मैं हूँ ! वह बालिका जो हँसकर माँ को गले लागती पीछा करती परछाई बनती प्यारी मुस्कान वाली मैं हूँ ! मुझे अपनी माँ से बहुत प्यार है !

Rabhya



Spread your smile, Shine your light.

Let your happiness always beam bright.

A smile, is such a beautiful expression Let your smile become an

obsession.

Show your happiness far and wide, Spreading happiness world - wide.

Shine your smile big and bright, become a happiness beacon light.

Kanika Chabra





Wildlife conservation is very important to maintain the food Chain and ecosystem balance. If all the tigers get hunted for skin, then the count of deer would increase drastically. Along with them, if humans kill all the hens for meat then there would be no source of eggs, hence conservation would help us to protect the environment through our responsible use of natural resources. Animals, plants and their habitats are preserved and protected through wildlife conservation. There are four main keys for protecting wild life i.e

- Research and monitoring
- Habitat conservation
- Plant trees
- Public education and awareness

Humans should understand that we are stewards of this planet not owners. Let's all take a pledge to be responsible trustees of this planet.

Shweta Chopra

"God gave life to all animals, an you've no right to take it"



The Evolution of English Education

Nurturing Minds, Inspiring Hearts

As a teacher of English, I stand at the crossroads of tradition and innovation, tasked with igniting a passion for language and literature in the hearts of my students. In today's ever-changing educational landscape, the role of the teacher of English is more vital than ever, serving as a guide, mentor, and advocate for the transformative power of words.

Gone are the days of rote memorization and formulaic essays; in their place, we embrace a dynamic and interactive approach to English education that celebrates creativity, critical thinking, and cultural literacy. Through engaging literature, thought-provoking discussions, and immersive writing experiences, we empower students to explore the depths of human experience, to empathize with diverse perspectives, and to craft their own unique voices.

But the journey of a teacher of English extends far beyond the confines of the classroom. We are not merely purveyors of knowledge; we are ambassadors of empathy, champions of equity, and stewards of social justice. In an increasingly divided world, we have a sacred duty to cultivate empathy and understanding within our students, fostering a spirit of inclusivity and acceptance that transcends barriers of race, gender, religion, and socio-economic status.

As teachers of English , we recognize the profound impact that language and literature have on shaping hearts and minds. We strive to create spaces where students feel seen, heard, and valued, where their voices are amplified and their stories are celebrated. We challenge them to think critically, to question assumptions, and to engage with the world around them with courage and compassion.

In the digital age, the tools of the teacher of English have expanded beyond the printed page to encompass a vast array of multimedia resources and digital platforms. We harness the power of technology to enhance learning experiences, to facilitate collaboration and creativity, and to connect students with voices and perspectives from around the globe.

But amidst the dizzying array of technological innovations, we never lose sight of the timeless essence of our craft: the magic of storytelling, the beauty of language, and the transformative power of empathy. As teacher of English, we stand as beacons of inspiration and enlightenment, guiding our students on a journey of discovery and self-expression that will shape their lives and the world they inhabit for generations to come.

Alone Yet Together

In the realm of kin, I stand apart, No sibling's hand to grasp, no beating heart. Yet in the vast expanse of my soul's domain, I find kinship in friendships, a bond untamed.

While others share tales of sibling delight, I forge connections in the still of the night. No shared secrets whispered, no childhood games, But in the company of friends, I stake my claims.

No sibling's shadow to cast upon my path, Yet in the absence, I find strength to laugh. For in the tapestry of life's intricate weave, I find siblings in those who choose to believe.

Though the bloodline may falter, the bond remains, In the love of friends, in their joys and pains. Alone I may journey, yet together we roam, For in the hearts of my chosen, I find my home.

Aditi Malhotra -X A



Siblings, a bond so strong and true, Through laughter and tears, they see us through. Growing up together, hand in hand, Creating memories that forever stand.

Shared secrets and inside jokes, Supporting each other when life evokes. A friend for life, a partner in crime, In every chapter, together we climb.

Different paths we may choose, But the sibling bond will never lose. In times of joy or times of sorrow, Siblings are there , forever more.

Nancy- X A



The term family is normally used for people related by birth, marriage or blood. Yet, family could be people felt comfortable with. Friends, beloved, close related people can be called as family.

A person without their family is incomplete. Family is our home. Family will always stand by you during highs or lows, they will never give up on you. Family plays many important roles throughout our life. The warmth and affection can never be found anywhere else. Family is God's gift, which we should never take for granted. We are fortunate to be born in a family that loves us the way we are.

Family is the first place where we learn the values of life that will go a long way. It is within the family that we learn compassion, empathy, obedience and respect. Family moulds our initial opinions with respect to public life. As a child, we start socializing with our family and relatives. In this process, we learn to differentiate between right and wrong and become a respected individual.

Swadhriti Roy- IX B



GRANDPARENTS ANGELS IN DISGUISE

Ever ask a kid, that who loves them the most, who they love the most and who pampers them the most. They'll always give one answer, their grandparents. We always hear everyone saying that grandparents are a blessing, but why is it so? Grandparents are angels in disguise, they are the one who pray day and night for you to have a successful and healthy life. They teach you about the roots and history of your culture. They are the support system of most people. Imagine having a tiring day, lots of assignments, tests etc. And once all the work is done you come back home, lying tired on your bed, that's when your grandmother comes worrying whether you ate something or not. She feeds you with her own hands, wouldn't anybody feel way better, that's the power that grandparents hold. Who could've ever imagined that one smile is enough to make your whole day better. Grandparents are a blessing not everyone is lucky enough to have.

Kiara-VIII A



GRANDPARENTS HOLD OUR HANDS FOR JUST A LITTLE WHILE, BUT OUR HEARTS FOREVER."

The Glue That Holds Us Together

Bonding, when it comes to people, is all about forming those close, meaningful connections with others. Whether it's with family, friends, or that special someone, bonding is essential for our emotional well-being. Think of it as the glue that holds relationships together, minus the sticky mess!

First off, let's talk about the biology of bonding. Ever heard of oxytocin? It's that hormone that gets released when you hug someone, kind of like nature's way of giving you a high-five. It's also known as the "cuddle hormone," which, let's be honest, sounds way more fun than any science class. Oxytocin helps you feel close to people, like when your dog looks at you with those big, adoring eyes (though hopefully with less drooling involved).

Psychologically, bonding gets shaped by how we grew up. If you had caregivers who were always there for you, you're likely to have a secure attachment style. Basically, you're a relationship rockstar. On the flip side, if your caregivers were about as reliable as a WiFi signal in the middle of nowhere, you might find it a bit trickier to form those stable bonds. But don't worry, there's always room for growth. Think of it as upgrading from dial-up to fiber optic – it's possible!

Socially, bonding happens through shared experiences. Whether it's conquering an escape room together or binge-watching the latest season of your favorite show, doing stuff together helps build those connections. Communication is key here. You know, talking, listening, and not just texting memes – though let's be honest, memes do have their place. And let's not forget the importance of non-verbal communication. A well-timed high-five or fist bump can go a long way!

In families, bonding is like the secret sauce that keeps everything together. Parents and kids bond over bedtime stories, sports, and the inevitable "where did you put your homework?" Sibling bonding can range from sharing secrets to sharing the blame for that broken vase. It's all part of the package. Friends are our chosen family, and those bonds are strengthened by shared laughs, inside jokes, and the occasional embarrassing story.

Even at work, bonding can make a huge difference. Having a team that gels well together can turn a dull Monday into something bearable. Think of those awkward team-building exercises – they might be cringeworthy, but they do help everyone feel more connected. A little mutual respect and some shared grumbling about the broken coffee machine can work wonders.

In the end, bonding is what makes life richer and more fulfilling. It's about those little moments of connection, whether it's a heartfelt conversation or just sharing a comfortable silence. So, go out there, hug your loved ones, share a laugh with a friend, and remember – life's better when you're in it together!



A person who knows you more than you,

someone who's stuck forever with you like a glue.

When you cry as they fight,

an instantaneous smile makes your face full of light.

Just like flowers bloom,

even in a room filled with gloom.

A set of grudges,

which smudge over time,

with all the emotions metamorphose into dime.

A series of situations,

they are there for you.

A rollercoaster of emotions,

they are here for you .

A condition, a gift, an emotion

this is the sibling relation.

Bhavishya VIII- B



My sibling, my friend

A heart so bright always stays at my side. With laughter and love, a story we tell, My sibling, My friend.

Together we stand to inspire each other's strengths. There's no one quite like you, brother this is so true. Our story will last forever My sibling, my friend.

Little fights, little jokes with you Sharing secrets, making memories too. This special bond will never end Dear sibling, dear friend.

Pranjal-VIII B



In an old house, where shadows dance, Grandparents dwell, in a timeless trance. Their faces etched with tales untold, Each wrinkle a story, precious as gold.

In the kitchen, where aromas blend, Grandma's recipes, a love to send. Her hands, a magic wand, weaving delight, Nourishing souls with every bite.

Grandpa's chair, a throne of lore, Where grandchildren gather, longing for more. His voice, a melody of wisdom and grace, Guiding us through life's maze.

In the garden, where flowers bloom, Grandparents' love, an eternal perfume. Roots deep in soil, branches spread wide, Sheltering generations, side by side.

As seasons pass and years unfurl, Their love, a beacon, through the whirl. In their embrace, we find our truth, Grandparents, our roots, forever youth.

Naitik Chahal- X A



Oh, my dear little sibling, so small and so bright, You bring joy and chaos from morning till night. With your tiny hands and your mischievous grin, You make life an adventure, full of laughs and chagrin.

You crawl and you stumble, exploring each nook, Leaving a trail of toys and a mess that I took. But how can I stay mad when you flash that sweet smile, With innocence and mischief combined in one style?

You pull my hair, and you tug at my clothes, You mimic my words, oh, the way that it goes. You're my little partner in crime, my sidekick so bold, We embark on adventures, both epic and untold.

We build castles of pillows and forts made of chairs, Imaginary worlds where no one else dares. You're the reason for giggles, for tickles, for glee, In your presence, my heart fills with warmth, can't you see?

So keep being you, my adorable sprite, With your laughter and mischief, you light up my night. I'll cherish the moments, both silly and planned, For having you as my sibling is truly grand.

Sejal- XII Humanities



Baaan GIS-TIMES