

CCD WORKSHOP

(GRADE IX & XI)

SESSION: 2024 – 25

Name of the workshop: Internet Abuse/ Whatsapp Detox+ Cyber Ethics & Cyber Security

Date: July 9'2024

Duration: 10:15am – 11: 15am

Resource Person: Mr. Bharat Bhardwaj

Venue: Auditorium

“Social Media is like crack- immediately gratifying and hugely addictive.

- Gary Vaynerchuck

A Cyber Awareness Workshop was organized by J M International, Dwarka on July 9, 2024 for the students of Grades IX and XI on the topic ‘Internet Abuse/ WhatsApp Detox + Cyber Ethics & Security. It aimed at raising awareness about the responsible use of technology and equips students with the knowledge and skills to navigate the online world safely and ethically. The resource person Mr. Bharat Bhardwaj emphasized the need for a healthy relationship with technology, particularly focusing on WhatsApp usage. He encouraged the students to practice digital detox techniques to reduce screen time, manage notifications and prioritize real-life interactions over virtual communication. Interactive activities were incorporated to engage students actively and deepen their understanding of the workshop topics.

The workshop concluded with a segment on cyber security, where students were introduced to common online threats and best practices were shared to help students safeguard their online accounts and data.

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