

12th august 2013

The Art of Living

Venue: JMIS



"Know yourself, say yes to beautiful you". This is the main motto of art of living, Yes+ course. YES+ (youth Empowerment and skills seminar) conducted an intro talk for class XI and XII students. Mr. Sumit prakash, an art of living faculty and Ms. Pallavi Chandrasekhar, Yes+ volunteer made students understand the role of soft skills and domain knowledge in success process and the need for joining yes+ course. There is an urgent need to promote human values loudly and clearly, especially love compassion and a sense of belongingness. "The sun rises and celebrate, the sky embraces and celebrate, birds sing and celebrate, buds blossom and celebrates, and we smile and serve, meditate and celebrate."