

Workshop on Mainstreaming Health and Physical education

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A workshop was held in School Auditorium for classes IX to XII taken up by Principal Ma'am (Ms. Anuradha Govind) , briefing the students about the new circular released by CBSE which has made Health and Physical a mandatory subject for all the students appearing for Board 2018-19. The workshop gave the students a brief overview about the how the school plans to implement this in curriculum. Also there was a discussion about introduction of new activities as a part of the curriculum. The main aim behind the introduction was the overall development of a individual so that he learns empathy and social responsibility. The subject is a comprehensive project which components includes Individual games, Team games and with 40 hours of SEWA activities. The students are looking forward to a productive year ahead.