



# ITL PUBLIC SCHOOL

## Daily Plan - Class I

Day & Date	Activity / Concept / Topic
Tuesday 30 July 2024	<p style="text-align: center;"><b>Happiness</b> <b>Mindful Breathing</b></p> <p>Children practiced mindful breathing by sitting quietly, they closed their eyes, and took slow breaths in and out, feeling their belly rise and fall with each breath to calm their minds and bodies.</p>
	<p style="text-align: center;"><b>HINDI</b></p> <p>Poem recitation दादा दादी from Sarangi textbook. <b>Practice Assignment-</b> Learn poem दादा दादी from Sarangi textbook.</p>
	<p style="text-align: center;"><b>MATHS</b></p> <p style="text-align: center;"><b>Descending Order</b></p> <p>Q. Write the given numbers in descending order (biggest to smallest)</p> <p>a. 5 2 1 7 _____</p> <p>b. 7 3 9 2 _____</p> <p>c. 14 18 12 10 _____</p> <p>d. 23 11 19 20 _____</p>
	<p style="text-align: center;"><b>ENGLISH</b></p> <p>I. Reading of Chapter- The Sparrow Family II. Page number 37 to 41 of Mridang textbook. <b>Practice Assignment-</b> Practice page number 42 of Mridang textbook.</p>