

XAVRONICLE

Quarterly Reverberation Of Wonder Time

GRADE -IV

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"You are not alone in this battle"

We all are aware of the tough times that the entire world is going through in the wake of the pandemic. The second wave of the virus began ravaging parts of our country! Making the situation unnerving! The pandemic did not spare our loved ones too.

Our students and parents have always been our paramount concern, both on the academic and financial levels and we have taken various steps to ameliorate these challenging times.


The devastating loss of a parent can take a toll on the family and students both financially and emotionally. However, it is an irrecoverable loss but we can shoulder the responsibility with our little contribution to support their education.

We understand the struggle to pay for school fee without the financial support of the sole bread-earner. The school management will handhold and take care of these students who have lost their sole earning member of the family by providing free education till Grade XII.


"The man who does not read books has no advantage over the one who cannot read them."

CAMPUS BUZZ

COLLOQUY



ST. XAVIER'S HIGH SCHOOL
SECTOR 49, GURGAON
Affiliated to CBSE



INVITES YOU TO
JOIN FOR
COLLOQUY

With the HM and the teaching faculty of
Grade - IV
EXORDIUM
A Curtain Raiser:
Session 2021-22

Save the Date
MARCH 30, 2021 (TUESDAY)
On ZOOM **Time: 1:00 pm Onward**
Interlude-1 **Geeta Kanwar**
Headmistress (III - VIII)

"The most overwhelming key to a child's success is the positive involvement of the parents and the teachers."

To apprise the parents about the upcoming session and answer their queries pertaining to the same, an interactive session was conducted on Tuesday, 30th March 2021 for the students and parents of Grades III-VIII. The panel included the Headmistress and the teaching faculty of the respective grades. We, at Xavier's, strongly believe that together we can give our children the roots to GROW and the wings to FLY.

Wearing A Mask Could Be A Task but Remember it can save not only your life but of many

CAMPUS BUZZ

MOMENTS 2021

"To celebrate helm of our lives on the occasion of Mother's Day."

To celebrate this wonderful bond of motherhood, the faculty of Grades III-VIII invited endearing mothers to participate in the MOMents 2021. Even the pandemic could not stop us from planning an engaging and fun-filled day for loving moms. The memorable event kicked off with a magnificent introduction followed by a soulful prayer for the mothers. The LIVE zumba session worked as a warm-up activity for the upcoming fun games like dressing up the child as mom in just three minutes, unscrambling the words and scavenger hunt, to name a few.

The participants thoroughly luxuriated in the Art and Craft Activity and honouring mothers with various titles was an absolute hit. All the mothers indulged happily in the chitchat session where they shared their childhood memories and experiences that they had with their mothers. It was a pleasure watching the super excited moms with their dynamic and energetic children during these activities. The activities exalted the mother as God, teacher, friend, philosopher and guide and emphasized the truth that a mother's love for her child is like nothing else in the world.

The Headmistress, Ms. Geeta Kanwar conveyed her best wishes to all the mothers on their special day. The mummies appreciated the efforts of the school and the teachers for organizing such a splendid session. The day ended with all mothers and children, enjoying themselves and taking back fond memories of a day well spent.

"The man who does not read books has no advantage over the one who cannot read them."



"Education opens up the mind, expands it and allows you to improve your life in so many ways."

CAMPUS BUZZ

An Open House with the Frontline Warriors: Doctors



St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)



organises
An Open House with Frontline Warriors : Doctors
Our Fearless Healers



Dr. Rinkesh Kumar Bansal
Senior Consultant
Gastroenterology
& Hepato-biliary sciences
Fortis Memorial Research
Institute
(F/O Divija Bansal)



Dr. Sonal Bansal
MBBS, MD (Dermatology)
DermaSpace Skin Clinic,
Fortis Memorial Research
Hospital
W Pratibha Hospital
(M/O Kavya Jain)



Dietician Shaveta Chopra
Diet Clinic - Gurgaon
(M/O Neev Chopra)

In Confabulation with



Dr. Sunaina Batra
Department of Development
Communication & Extension
Lady Irwin College, University of Delhi
(M/O Aadya Dua)

Xaverians of Grades IV & V

Grade IV
Manvik Bansal (IV-B)
Mishika Sabharwal (IV-C)
Shivani Pimpalpure (IV-D)
Vedansh Rao (IV-D)
Vansh Gera (IV-H)
Aaryan Samanta (IV-I)

Grade V
Aarav Chadha (V-A)
Myra Kaur (V-A)
Prachi Prakash (V-B)
Siana Goyal (V-D)
Dhruv Jain (V-D)
Ayra Goyal (V-G)

Ms. Suneera Pimpalpure
Head - International Relations, NDTV
(M/O Shivani Pimpalpure)

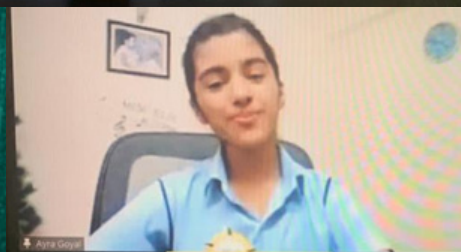
LIVE

Friday, 14th May'21 | 4:00 pm onwards

St. Xavier's High School was ecstatic and pleased to present An Open House with the Frontline Warriors : Doctors - Our Fearless Healers on Friday, 14th May 2021 at 4 pm LIVE and Exclusive on our School Facebook Page.

It was an illuminating session with eminent clinicians, Dr. Rinkesh Kumar Bansal, Dr. Sonal Bansal, Dietician Shaveta Chopra, our valued parent moderators, Dr. Sunaina Batra & Mrs. Suneera Pimpalpure and our enthusiastic Xaverians.

To unravel our queries on Covid-19, the experts discussed the best practices from their experiences & knowledge.



CAMPUS BUZZ

FATHER'S DAY CELEBRATION

"A father is someone you look up to no matter how tall you grow."



"When you need real understanding, when you need someone to care, when you need someone to guide you ... A father's always there."

To acknowledge and honour the contribution of fathers in the family, we were delighted to host an Online Chess Competition For Fathers on this Father's Day, that is, 20th June 2021. We all were geared up to celebrate fatherhood and paternal bonds, as well as the influence of fathers in society.

CAMPUS BUZZ



Xavier's Rapid Response Team

"There is no higher religion than human service. To work for the common good is the greatest creed. ~ Woodrow Wilson"

St. Xavier's High School initiated a special task force i.e. Xavier's Rapid Response Team. As Every Second Counts, for our priceless parents and their families by supporting tirelessly to bolster public health initiatives and protect our children from harm. With the help and support of our dedicated parents, our Xavier's Rapid Response Team was ready to serve you from 27th May onwards. XRRT comprised of our devoted Xavier's staff as well as volunteer parents who have readily joined together to give the following services to COVID patients in need.

Doctors' Helpline- Our Rapid Response Team helped align with a doctor available for online advice and prescription.

Arrangement of Hospitals and Beds- Our team kept a track on the availability of beds in the hospitals near your residence so that you could reach there without wasting time on search and research.

Vaccinations- If you were unable to book your slots for getting yourself vaccinated, we could do the same for you.

Supply of Medicine- Our team kept records of the availability of COVID medicines and accordingly shared with you the location of your nearest pharmacy, wherein you got your desired medicine.


Counselling Team- A Counselor who provided the much-required counselling in case you or any of your family members faced mental anxiety or similar concerns in such crucial times.

Meals- In case the entire family was suffering due to Covid or was unable to cook due to likewise reasons, our team provided the cooked meal to you.


"Education opens up the mind, expands it and allows you to improve your life in so many ways."

CAMPUS BUZZ

"MINDSET IS WHAT SEPARATES THE BEST FROM THE REST."



St. Xavier's High School
Sector-49, Gurgaon
(Affiliated to CBSE)




Organises
Counselling sessions
"Minding Our Minds"
Empowering Children to Think; Fixed & Growth Mindset

For the students of **Grade IV**
Conducted by
Ms. Nitika Teotia

**School's Expert Faculty of SEN
Department**

24th June 2021 | Time 4:00pm - 5:00pm

*"Your life does not get better by chance, it
gets better by change"*



St. Xavier's High School came up with an initiative of organising an Interactive Workshop in order to deal with and overcome the examination stress for the learners of Grade IV on the topic: Minding Our Minds. This enriching workshop was conducted by Ms. Nitika Teotia, our School's Expert Faculty of SEN Department.

SUMMER ACTIVITIES



ST. XAVIER'S HIGH SCHOOL

Sector 49, Gurgaon

Weekly Summer Activity Planner

Grade - IV



Daily - Meditation & Prayer -:10:45am-11:00 am

MONDAY

11:00am-12:00 pm

Coding

12:00pm-12:30 pm

Counselling
Session

TUESDAY

11:00am-12:00 pm

Experimenting

12:00pm-12:30 pm

Art/Craft

WEDNESDAY

11:00am-12:00 pm

Calligraphy

12:00pm-12:30 pm

Story Telling

THURSDAY

11:00am-12:00 pm

Writing Skills

12:00pm-12:30 pm

Art/Craft

FRIDAY

11:00am-12:00 pm

Art/Craft

12:00pm-12:30 pm

Dance
(Zumba Fitness)

SATURDAY

10:00am-11:00 am

Aerobics

"There is no greater pillar of stability than a strong, free, and educated woman"

"The man who does not read books has no advantage over the one who cannot read them."

coding

“Everybody should learn to program a computer because it teaches you how to think.”

Every Monday during the summer break, fun-frolic sessions based on Coding were conducted wherein learners were explained the concepts of sprites, backdrops, and blocks using the software ‘Scratch’.

Following kinds of activities were included like - a) coding a bird and changing its costume b) using coding techniques to show measures to fight against Corona Virus c) coding a jungle scene etc.

Learners were also encouraged to make Scratch animations using the Forever block. Our dear coding geeks that is all our young Xaverians thoroughly enjoyed all the coding classes.



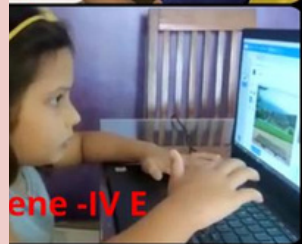
Iyakk Mehta-IVC



Divija Bansal- IV H



Lavyaansh-IV C



ene-IV E



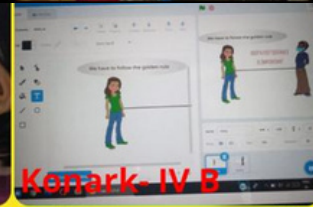
Alisha- IVC



Aarav Shankar-IV



shti Ganguli-IVC



Konark- IV B



Kevin-IV H



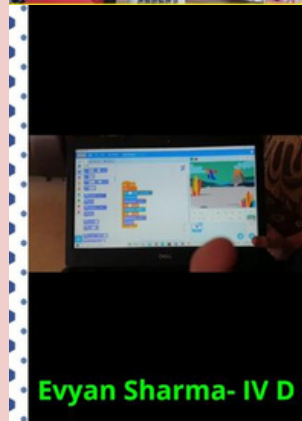
ha Prasad-IV E



Avani Gupta- IVC



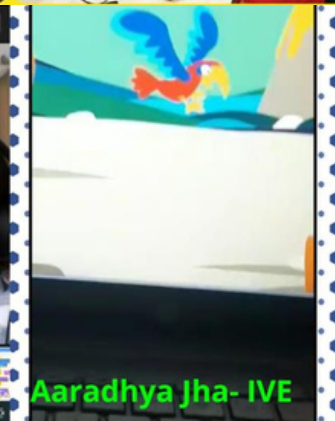
Aarav Verma-IV H



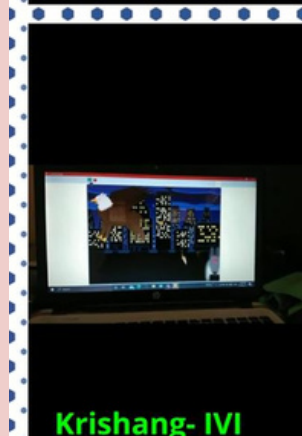
Evyan Sharma- IV D



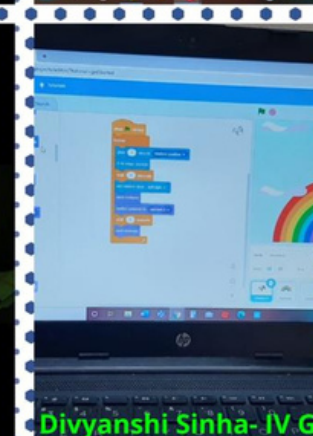
Rayna Agarwal-IVA



Aaradhya Jha- IVE



Krishang- IVI



Divyanshi Sinha- IV G



Shambhavi- IV F

EXPERIMENTING

The true method of knowledge is experiment.

Every Tuesday, exhilarated sessions of Experimenting based on various interesting experiments were conducted to make the learners understand the scientific reasons of various things that they commonly get to observe.

*Various experiments conducted were like -
a) 'Burning Candle, Rising Water' b) creating Vacuum Magic c) creating Fun with Air pressure, Fire and balloon.*

After conducting the experiments, learners were explained the scientific principles behind those experiments. Major call-outs were based on the following facts -

1. Oxygen supports burning and the candle goes out as soon as the oxygen supply is cut off.

2. Air exerts pressure (air pressure) which makes it possible for the water level to rise as the candle goes out.

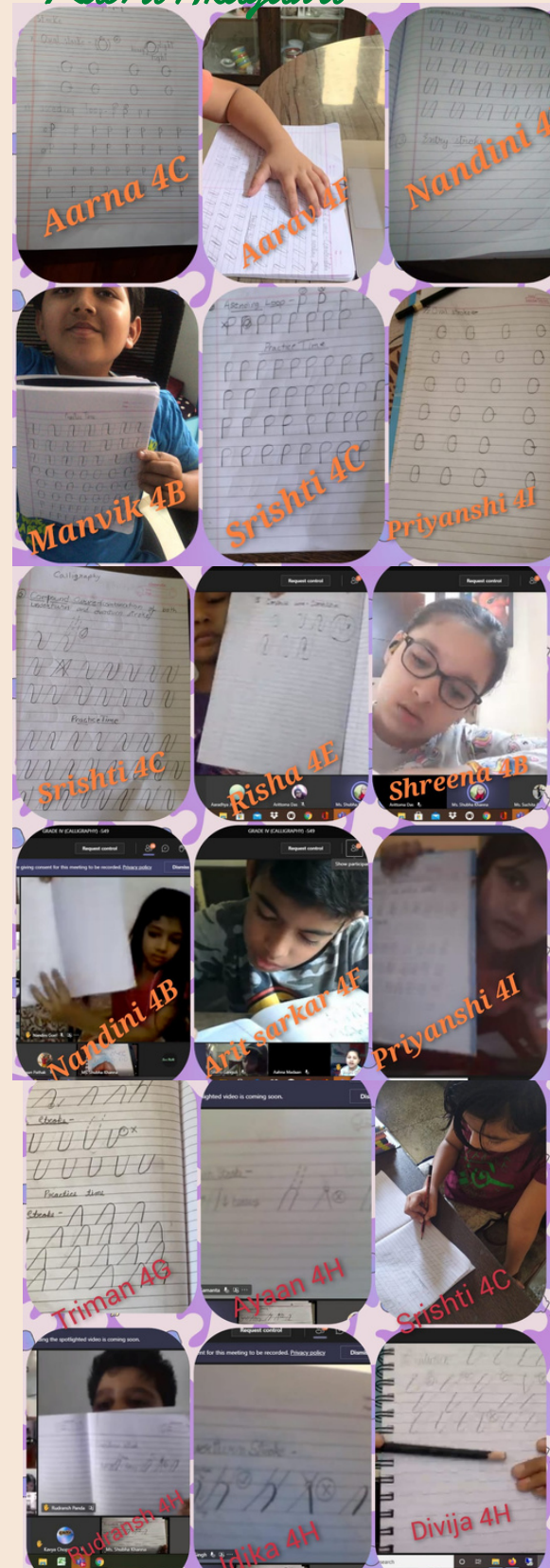
Certainly, experimenting classes were thoroughly enjoyed by all our young scientists.



CALLIGRAPHY

"CALLIGRAPHY IS AN ART FORM THAT USES INK AND A BRUSH TO EXPRESS THE VERY SOULS OF WORDS ON PAPER." - Kaoru Akagawa

With the onset of Calligraphy classes on every Wednesday as a part of Summer Activities, learners got an opportunity to learn and practice different strokes of calligraphy which will help them to refine their motor skills. Even the secret to master the art was shared with the learners to create single strokes, which the learners can later connect to learn forming letters and words. The learners were further explained that mastering the art helps to develop fine motor skills and memory retention.



"Education opens up the mind, expands it and allows you to improve your life in so many ways."

Writing Skill

"If you want to change the world, pick up your pen and write."

To magnify the Writing Skills of the upcoming writers of Xavier's, various ideas behind enhancing writing skills, its importance and benefits were explained to the learners by conducting writing skills sessions on every Thursday during the summer break based on English and Hindi writing skills. Creative writing, Dialogue writing, paragraph writing and essay writing were the key attractions for the writing skills classes.



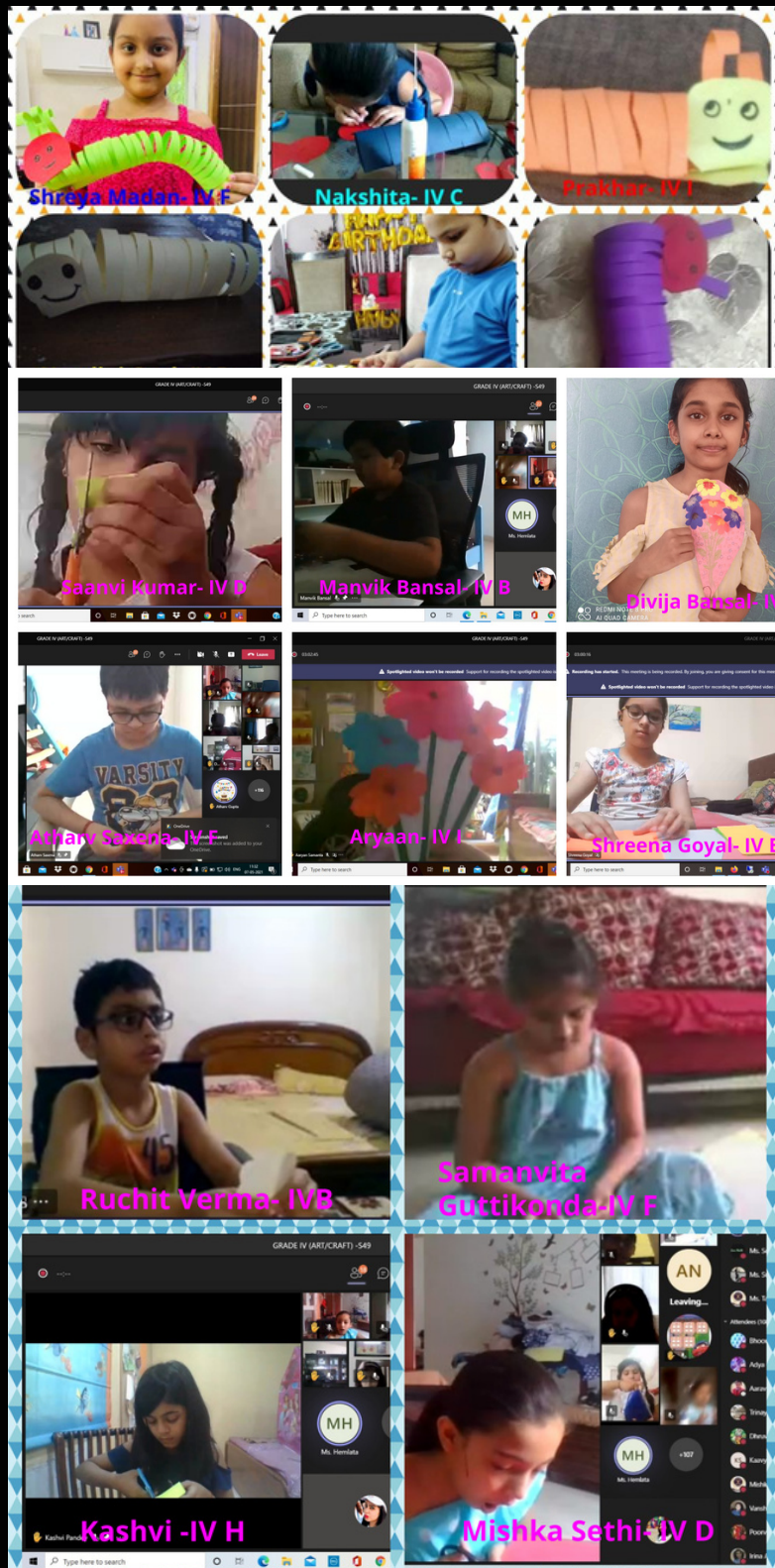
"Wearing A Mask Could Be A Task but Remember it can save not only your life but of many".

ART/CRAFT

"Art evokes the mystery without which the world would not exist."

Rene Magritte

The most loved activity amongst our budding artists of Xavier's is Art and Craft. Therefore various sessions for enhancing the artistic skills of our talented Xaverian's were conducted during the summer break where learners got a chance to show their creative sides by painting their thoughts on a canvas. Truly, the summer break was full of exuberance & array of activities for our young learners.



"Keep your face to the sunshine and you can not see a shadow."

COLOURMANIA

The Rays Of Colours



"Art is not what you see but what you make others see."

St. Xavier's High School was delighted to organise the art competition-Colour Mania: The Rays Of Colours held for the learners of Grades III - VIII as a tribute to Leonardo da Vinci on the occasion of World Art Day.

The artistic event witnessed all the creativity and innovation of the budding artists as World Art Day was the perfect time to celebrate creativity and bring joy to others.



"The man who does not read books has no advantage over the one who cannot read them."



St. XAVIER'S HIGH SCHOOL

Sector-49, Gurgaon

(Affiliated to CBSE)

Organises

Euphony: The Bard's Fest

A tribute to William Shakespeare

For the students of

Grade III-VIII

From

19th April' 21 - 24th April' 21



"All the world's a stage and all the men and women merely players."



"Wearing A Mask Could Be A Task but Remember it can save not only your life but of many".

EUPHONY-THE BARD'S FEST

A tribute to Shakespeare

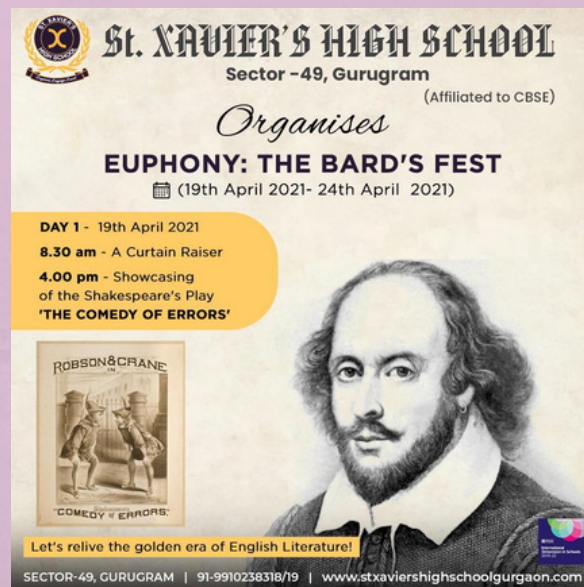
Euphony- The Bard's Fest- A tribute to Shakespeare for a joyful journey of the literary week. We embarked and rejoiced this week, geared up to encourage the young Xaverians to explore the world of Literature, a week filled with fun activities, interesting competitions and confabulations to learn more about the 'Bard of Avon' the Father of English Literature as well as his works. Events pertaining to the theme on all these days simply mesmerized and captivated students with extravagance and splendour. "He was not for an age but for all time" We presented 'EUPHONY - The Bard's Fest', A tribute to William Shakespeare.

From 19th April to 24th April, 21 - An exciting week filled with plethora of activities, competitions and famous Shakespearean plays. The golden era and the magic of Shakespeare's plays were relived.

"Every person is born with a talent and now the stage is open to showcase your 'X' factor."

Euphony: The Bard's Fest (DAY-1)

19.04.2021



To enhance language proficiency and to promote and develop the intrinsic flair and aptitude of our young Xaverians, the Virtual English Literary Festival- Euphony: The Bard's Fest was commemorated on 19th April 2021 for the students of Grades III – VIII with a lot of enthusiasm. This day began with the Curtain Raiser at sharp 8:30 am. Literature truly unbolts the door of imagination and understanding and to let the learners gain in-depth knowledge about William Shakespeare, an introduction of him was given after raising the curtain for the event.

To pay tribute to THE BARD, his famous play "The Comedy Of Errors" was showcased online at 4pm on Microsoft Teams. Dynamic participation was seen at all levels. Also, the students were enlightened about Shakespeare's very famous quote that "One should not be afraid of greatness, as some are born great, some achieve greatness, and others have greatness thrust upon them." Overall, it was a highly informative onset of the fest and the students dwelled into the Shakespearean festivity to the core.

upon them."

Overall, it was a highly informative onset of the fest and the students dwelled into the Shakespearean festivity to the core.

"Let us make a promise that we would not let the hard sacrifices of our brave freedom fighters go in vain. We would work hard to make our country the best in the world."

"Education opens up the mind, expands it and allows you to improve your life in so many ways."

EUPHONY - THE BARD'S FEST DAY 2

Creating A Bookmark Competition



In order to celebrate the second day of English Literary week, various Inter-Class Competitions were held for the learners of Grades- 3 to 8. Creating a Bookmark Competition was conducted for the learners of Grades III - V one hand, a bookmark is used to keep the reader's place in a book and to enable the reader to return to it with ease. On the other hand, a book cover can communicate a little about the style and mood of the tale inside. On the occasion of Euphony, such competitions were organised for the talented Xaverians to mobilise them to participate actively in promoting books and reading.

"Destiny is not arbitrary or inimical; it is orderly and reactional. It gives us reactions to our own past actions."

Euphony - The Bard's Fest Day 3

WRITING COMPETITION



"With the initiative to groom our students and to contribute in honing their talents and to inculcate the reading and writing habits, an "Inter Class Story Writing Competition" was organised for the learners of Grades 3 to 8 on 22nd April as a part of the grand celebration of English Literary Week. The motto of the event was to empower students to predispose themselves towards writing and literature in an era where social media dominates, aspiring to ignite this creative spark in the students. The participants were geared up and confident to pen down their thoughts. They wrote beautiful eye catching stories. While some stories provided food for thought, some reinforced moral values and some were humorous. The compositions were vivid and impressive. The competition was tough and it was an uphill task to shortlist the winners.

The day ended by showcasing the famous play of Shakespeare - King Lear which was scrupulously enjoyed by all.

"You're braver than you believe, and stronger than you seem, and smarter than you think."

EUPHONY - THE BARD'S FEST DAY 4



ST. XAVIER'S HIGH SCHOOL
Sector - 49, Gurugram
(Affiliated to CBSE)

Organises

EUPHONY: THE BARD'S FEST
📅 (19th April 2021- 24th April 2021)

Day 4 : Friday, 23rd April' 21

8:30 AM • Inter Class Competition • Show & Talk about Shakespeare/ • Character from his play/ • Any Novel written by him - III to VIII	4:00 PM • Showcasing of the Famous Play 'The Merchant of Venice'
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Grab your seats and witness the most dramatic classic play of Shakespeare

SECTOR-49, GURUGRAM | 01226533599 | www.stxavierhighschoolgurugram.com

As a part of the ongoing celebrations of English Literary Week, an Inter Class Competition Show and Talk was conducted on 23rd April, 2021 for the learners of Grades-3 to 8 to strengthen the verbal skills and to foster public speaking competency of the young minds. They were full of zeal and showcased their immense talent with confidence. Thus, this event helped our young Xaverians to enhance their language skills and improve their vocabulary and public speaking skills. The festivities of the day ended by showcasing the famous play of William Shakespeare : The Merchant of Venice which was thoroughly enjoyed by all the Xaverians.

"You're braver than you believe, and stronger than you seem, and smarter than you think."

Euphony - The Bard's Fest Day 5



ST. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)

organises



LITWIZ

An Online Inter - Class
English Literary Quiz
For the students of
Grades III - VIII

Saturday, 24th April '21
10:00 AM

We wish all our young literature wizards
"All the Best"

*"Winning isn't getting ahead of others.
It's getting ahead of yourself."*



ST. XAVIER'S HIGH SCHOOL
Sector -49, Gurugram
(Affiliated to CBSE)

Organises


AN OPEN HOUSE WITH THE AUTHOR

Day 5: Saturday, 24th April '21


4:00 PM

f LIVE

In Conversation with



Mr. Vikarn Chowdhary
The Author of 'Into The White Mist'



Aanya Kuchhal
Grade VII B

Yuvaan Rao
Grade VII B

Adhiraj Singh
Grade VII B

Bhavya Rao
Grade VII A

An Engaging And Enriching Session Awaits You All

SECTOR-49, GURUGRAM | 91-9910238318/19 | www.stxaviershighschoolgurugram.com

As a part of celebration of our English Literary Week on the last day of the fest, an exciting Inter Class English Quiz Competition - LITWIZ was conducted for the learners of Grades III - VIII. The quiz comprised of questions based on books and authors, Spell Bee, correct usage of Grammar, Rapid Fire and visual rounds. This chain of activities for five days long celebration was finally concluded and came to an end by conducting and witnessing an Open House Session with the author of 'Into the White Mist', Mr. Vikarn Chowdhury, exclusive and live on Facebook. It was a great opportunity for all budding and aspirant writers to put forth their doubts and learn the nuances of writing.

"The man who does not read books has no advantage over the one who cannot read them."

The Yoga Fervour Grips XAVIERIANS!!

Day 1
14th June

Day 2
15th June

Day 3
16th June

Day 4
17th June

Day 5
18th June

Day 6
19th June

Day 7
20th June

Day 8
21ST June

XAVROLOGUE

Yoga Fervour Grips Xaverians -
A Curtain Raiser for the International Day of Yoga.

Xavospirit

The Spiritual Stretch - Online Survey

XAVOLIT YOGA

Begin Your Journey to a better life with peace, love,
beauty and happiness!!- Create a Teaser (III-V)

GO BREATHLESS

Tattva Yog

Equip yourself for the Covid-19 era'
by an Isha Foundation instructor

Xmantras

Yoga for life - Digital PPT/video
making competition (V-VIII)

Xavposta

Stretch your thoughts - Poster making(III, IV)

Moments of Calm

By Ms. Honey Sharma

Yog Trivia

Inter Class Quiz

XPRESSIONS

An Inter Class Article Writing
Competition(For Grades (V-VIII)

XAVOSMIC BLISS

Revive Your Yogic Spirit (III-IV)


Bow Yourself to Yog

Enlighten the self for
7th International Day of Yoga

XAVOLIT YOGA: CREATE A TEASER

Every year the world celebrates June 21st as International Yoga Day to bring peace, harmony, happiness, and success to every soul in the world.

To honour the historic date, 21st of June and inculcate the habit of practicing yoga in our lives, we at St. XAVIER'S HIGH SCHOOL had organized an Inter Class Competition Xavolit Yoga - Create a Teaser for the learners of Grades III to V on 15th June 2021.



St. XAVIER'S HIGH SCHOOL
Sector-49, Gurugram

organises

XAVOLIT YOGA CREATE A TEASER

An Inter- Class Competition on the occasion of

INTERNATIONAL Yoga DAY

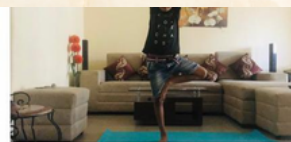
For Grades III-V

Tuesday, 15th June 2021

Entries to be submitted by 6.00 pm

"Yoga is a way for nourishing and blossoming the divinity within you."

SECTOR-49, GURUGRAM | 91-9910238318/19 | www.stxaviershighschoolgurugram.com




"Keep your face to the sunshine and you can not see a shadow."

TATTVA YOGA

The purpose of yoga is to build strength, awareness and harmony in both the mind and the body.


To help us harmonising the five elements of our body, and to continue with the celebration of International Yoga Day, St. Xavier's High School organised a Live Yoga session facilitated by an Isha Yoga instructor from the Isha Foundation on "Equip Yourself for the COVID 19 Era" on 16th June, 2021



St. XAVIER'S HIGH SCHOOL
Sector-49, Gurugram

ORGANISES
TATTVA YOG
by an Isha Foundation Instructor
on the occasion of
INTERNATIONAL YOGA DAY

FOR GRADES III TO VIII

 **LIVE**

Date : Wednesday, 16th June, 2021
Time : 4 pm to 5 pm

Join us for a vivacious journey of Yoga!

"Without experiencing the joy of life, you cannot seek the source of life."
~Sadhguru

SECTOR-49, GURUGRAM | 91-9910238318/19 | www.stxaviershighschoolgurugram.com



"You're braver than you believe, and stronger than you seem, and smarter than you think."

XMANTRAS: YOGA FOR LIFE



ST. XAVIER'S HIGH SCHOOL
Sector-49, Gurugram

organises

XMANTRAS
YOGA FOR LIFE

An Inter-Class E-Poster Making Competition

INTERNATIONAL
Yoga **DAY**

For Grades III-IV

Thursday, 17th June 2021

So let's gear up and celebrate Yoga Day
in the Xaverian way !

*"Yoga is essentially a practice for your soul, working
through the medium of your body."*

SECTOR-49, GURUGRAM | 91-9970238318/19 | www.stxaviershighschoolgurugram.com

*Yoga is the dance of every cell with the music
of every breath that creates inner serenity and
harmony.*

*We, at St. Xavier's High School, celebrated
7th International Yoga Day 2021 through
Digital Competitions held on 17th June 21 .*


*Our young Xaverians were invited for the
prestigious Xmantras - Yoga for Life - Inter
Class Competitions*

*E-Poster Making Competition for Grades III and
IV*



"Keep your face to the sunshine and you can not see a shadow."

MOMENTS OF CALM: MEDITATION SESSION



ST. XAVIER'S HIGH SCHOOL
Sector-49, Gurugram

organises


MOMENTS OF CALM
MEDITATION SESSION

on the occasion of

INTERNATIONAL
Yoga DAY

By Ms. Honey Sharma
School's Expert faculty of Counselling Department


For Grades III-VIII

 Friday, 18th June 2021

Lets push our stress and anxiety away in the
midst of this pandemic.

*"Meditation is like a gym in which you develop the
powerful mental muscles of calm and insight."*

SECTOR-49, GURUGRAM | 91-9910238318/19 | www.stxaviershighschoolgurugram.com

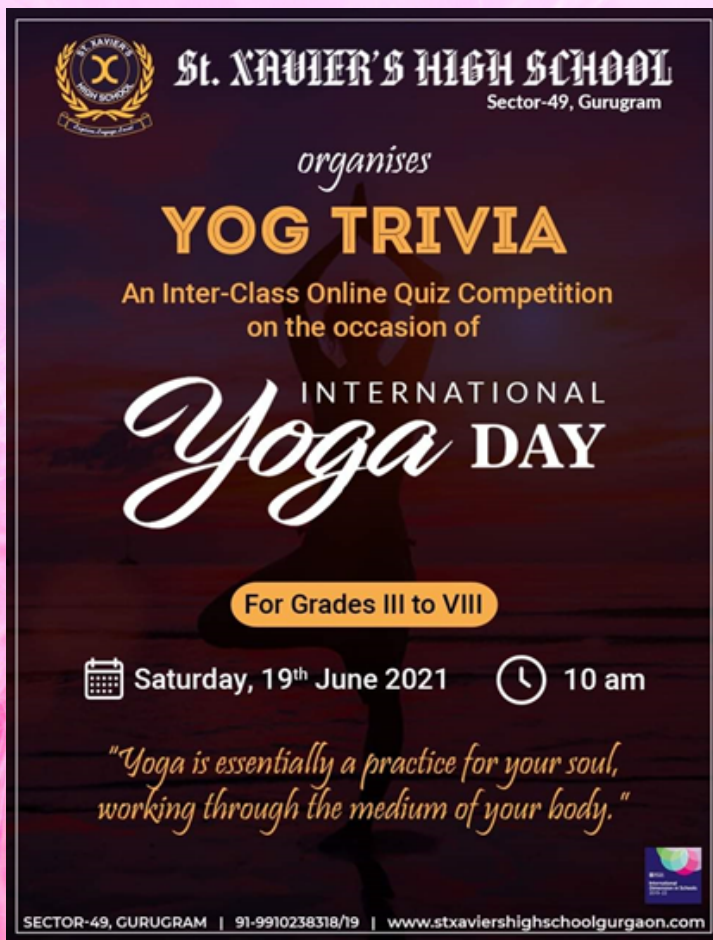


It is believed that meditative and mind-body practices can help students reduce negative emotions and their physical effects. Healthy, well-rested students are more alert in class, which leads to a whole chain of positive events, like increased confidence, better grades and less stress.

Keeping this view in mind and to continue with the celebration of International Yoga Day, St. Xavier's High School invited all the young Xaverians for a guided Meditation Session by Ms. Honey Sharma from the school's expert faculty of counselling department on Friday, 18th June, 2021 on Microsoft Teams.

"Education opens up the mind, expands it and allows you to improve your life in so many ways."

YOG TRIVIA




In the midst of modern atrocities, the science of yoga is the ray of hope that illuminates our path with equanimity, harmony and well-being.

On the occasion of International Yoga Day, we conducted an Inter Class Online Quiz- Yog Trivia, wherein we invited our dear Xaverians for an Online Quiz held on 19th June, 2021 for grades III- VIII.

"Every person is born with a talent and now the stage is open to showcase your 'X' factor."

XAVOSMIC BLISS

 **ST. XAVIER'S HIGH SCHOOL**
Sector-49, Gurugram


organises


XAVOSMIC BLISS
REVIVE YOUR YOGIC SPIRIT

An Inter-Class Display of Yoga Competition
on the occasion of

**INTERNATIONAL
Yoga DAY**

For Grades III and IV

 Sunday, 20th June 2021

 Entries to be submitted by 6 pm

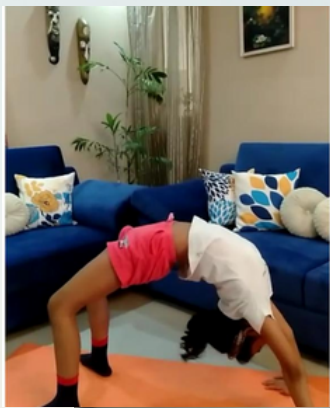
So let's gear up for a vivacious journey of Yoga!

*"Yoga teaches us to cure what need not be ensured
and endure what cannot be cured."*

SECTOR-49, GURUGRAM | 91-9910238318/79 | www.stxaviershighschoolgurugram.com

As a part of the ongoing weeklong celebration, St. Xavier's High School had organised yet another InterClass Competition - XAVOSMIC BLISS: Revive Your Yogic Spirit for the learners of Grades-III and IV which was held on 20th June, 2021 based on the Theme: Benefits Of Yoga.


An active and enthusiastic participation from all the blooming buds of Xaviers was observed on this day as learners had shared videos performing yogas/ asanas and explaining about the same amalgamating with its benefits. Certainly, our young Xaverians were all geared up for learning, participating, performing and explaining the copious benefits of practicing yoga regularly as it works as a cure to mental and physical health.



"Wearing A Mask Could Be A Task but Remember it can save not only your life but of many".

7TH INTERNATIONAL YOGA DAY

"The nature of yoga is to shine the light of awareness into the darkest corners of body"



ST. XAVIER'S HIGH SCHOOL
Sector-49, Gurugram

CELEBRATES
Bow yourself to yoga
ENLIGHTEN THY SELF FOR
7th International Yoga Day

FOR GRADES III TO VIII

GUEST SPEAKER - YOG GURU VISHWA VASHISHTA

Date : 21st June, 2021
Time : 1:30 PM Onwards

f LIVE

"The nature of yoga is to shine the light of awareness into the darkest corners of body"

SECTOR-49, GURUGRAM | 91-9910238318/19 | www.stxaviershishschoolgurgaon.com



Yoga is the dance of every cell with the music of every breath that creates inner serenity and harmony. International Yoga Day 2021 is being observed on 21st June to highlight the importance of Yoga and the pivotal role it plays in rejuvenating our mind and the body, leading to a healthier lifestyle.

To mark the date and dive into the spirit, everyone was invited to join us from 1.30 pm to 2.30 pm LIVE on St. Xavier's High School, Sector 49, Gurgaon Facebook Page.

"Every person is born with a talent and now the stage is open to showcase your 'X' factor."

THE SUPERLATIVES OF TOURNEY

Euphony: The Bard's Fest



CHAMPIONS OF GRADE IV

The Online Inter Class Quiz

LitWiz - The English Literary Quiz

Held On April 24, 2021

Congratulations!

POSITION	WINNERS	NAMES OF THE PARTICIPANTS
First	Grade IV B	<ul style="list-style-type: none"> Simleen Kaur Prahasth Sharma Atharv Gupta Shivansh Singh Nandini Goel Manvik Bansal
Second	Grade IV C	<ul style="list-style-type: none"> Nakshita Chaudhary Aarav Jain Mishika Sabharwal Avani Gupta Madhav Kidao Shivani Pimpalpure
Third	Grade IV D	<ul style="list-style-type: none"> Atharv Gupta Advik Gupta Vedansh Rao Lavishka Yadav Mishka Sethi Evyann Sharma



CHAMPIONS OF GRADE IV

Inter Class Competition

"Show and Talk"

Held On April 23, 2021

Congratulations!

POSITION	NAMES OF THE PARTICIPANTS
First	<ul style="list-style-type: none"> Shivani Pimpalpure (IV-C)
Second	<ul style="list-style-type: none"> Aryaveer Pratap Singh (IV-G) Swarna Sharma (IV-F)
Third	<ul style="list-style-type: none"> Mishita Sharma (IV-D) Jeet Gujral (IV-H)
Consolation	<ul style="list-style-type: none"> Sanam Gujral (IV-C)



CHAMPIONS OF GRADE IV

Inter Class Competition

"Creating a Bookmark"

Held On April 20, 2021

Congratulations!

POSITION	NAMES OF THE PARTICIPANTS
First	<ul style="list-style-type: none"> Mishika Sabharwal (IV-C)
Second	<ul style="list-style-type: none"> Aaryan Samanta (IV-I) Aryaveer Pratap Singh (IV-G)
Third	<ul style="list-style-type: none"> Irene Majumder (IV-E) Shivani Pimpalpure (IV-C)
Good Efforts	<ul style="list-style-type: none"> Ayaan Sharma (IV-A) Nandini Goel (IV-B) Aarron Lal (IV-D) Vansh Gera (IV-H)



CHAMPIONS OF GRADE IV

Inter Class Competition

"Story Writing"

Held On April 22, 2021

Congratulations!

POSITION	NAMES OF THE PARTICIPANTS
First	<ul style="list-style-type: none"> Shivani Pimpalpure (IV-C)
Second	<ul style="list-style-type: none"> Aarav Shankar (IV-F) Irene Majumder (IV-E)
Third	<ul style="list-style-type: none"> Enaakshi Singh (IV-B) Samaira Dudeja (IV-H)
Good Efforts	<ul style="list-style-type: none"> Mishka Sethi (IV-D) Ishani Chanda (IV-I) Aadita Kharbanda (IV-H) Devansh Singh Yadav (IV-G) Torsha Mishra (IV-A)

Don't wish it were easier; wish you were better.

THE SUPERLATIVES OF TOURNEY

Xavrologue: Yoga Fervour Grips



CHAMPIONS OF GRADE IV

Inter Class Competition

"XAVOLIT YOGA: Create a Teaser"

Held On June 15, 2021

Congratulations!

POSITION	NAME OF THE PARTICIPANT
First	▪ Aryaveer Pratap Singh (IV-G)
Second	▪ Aarav Shankar (IV-F) ▪ Kaavya Singla (IV-F)
Third	▪ Devansh Singh Yadav (IV-G) ▪ Bhavika Bhattar (IV-D)
Good Efforts	▪ Sartaj Seth (IV-A) ▪ Naisha Jain (IV-B) ▪ Ayaan Sharma (IV-A)



CHAMPIONS OF GRADE IV

Inter Class Competition

"XAVPOSTA: Digital Poster Making"

Held On June 17, 2021

Congratulations!

POSITION	NAME OF THE PARTICIPANT
First	▪ Aarav Shankar (IV-F)
Second	▪ Ayaan Tandon (IV-G) ▪ Moksha Jain (IV-A)
Third	▪ Torsha Mishra (IV-A) ▪ Aaryan Samanta (IV-I)
Good Efforts	▪ Ruchit Verma (IV-B) ▪ Aarav Verma (IV-H) ▪ Saneha Negi (IV-D)



CHAMPIONS OF GRADE IV

Inter Class Competition

"XAVOSMIC BLISS: Revive Your Yogic Spirit"

Held On June 20, 2021

Congratulations!

POSITION	NAME OF THE PARTICIPANT
First	▪ Yana Chandel (IV-G)
Second	▪ Avi Jain (IV-H) ▪ Aarav Shankar (IV-F)
Third	▪ Atharv Verma (IV-D) ▪ Rayna Agarwal (IV-A)
Good Efforts	▪ Ayaan Sharma (IV-A) ▪ Aarit Sarkar (IV-F) ▪ Ayaan Singla (IV-G) ▪ Aaryan Samanta (IV-I) ▪ Ananya Singla (IV-C)



CHAMPIONS OF GRADE IV

Inter Class Online Quiz Competition

"YOGA TRIVIA"

Held On June 19, 2021

Congratulations!

POSITION	NAME OF THE PARTICIPANT
First	▪ Aaryan Samanta (IV-I)
Second	▪ Shivani Pimpalapure (IV-C)
Third	▪ Neil Joseph (IV-F)

THE SUPERLATIVES OF TOURNEY

AN INTER CLASS ONLINE

Chess Championship

 **St. XAVIER'S HIGH SCHOOL**
Sector-49, Gurgaon
(Affiliated to CBSE)

Congratulates
Winners of the Inter Class Online
Chess Championship
Grade IV

Boys Category

		
1 st Position Aarav Jain Grade IV-C	2 nd Position Samyak Mehta Grade IV-C	3 rd Position Atharv Gupta Grade IV-B

Girls Category

		
1 st Position Torsha Mishra Grade IV-A	2 nd Position Adya Gupta Grade IV-E	3 rd Position Lavishka Yadav Grade IV-D

Winning Isn't Everything, But Wanting to Win Is
- Vince Lombardi


Sector-49, Gurugram | 91-9910238318/19 | www.stxaviershighschoolgurugram.com



THE SUPERLATIVES OF TOURNEY


*Monthly Battle For Being MOST
COGNIZANT- A Vigilant Eye.*

MONTH OF MAY




St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)


CONGRATULATES GRADE IV WINNERS!



First Position
AARYAN SAMANTA
IV I




Second Position
DIVIT SIKAND
IV A



Third Position
AAHNA MADAN
IV E

OF
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"
A VIGILANT EYE
INTER CLASS CURRENT AFFAIRS QUIZ
FOR THE
MONTH OF MAY
SESSION 2021-22



"Every person is born with a talent and now the stage is open to showcase your 'X' factor."

RESONANCE FROM THE PARENTS' HEART

Hello Geetanjali Ma'am, it was nice seeing you today with kids. Looking forward to interacting with you in coming days. ☒ 😊
Torsha Mishra (4-A)

Good evening mam..it was really fun and masti loving session for all the mothers...as we all are at home suffering one way or the other....this is really "much needed" ... I always appreciate the hard work and creativity of all the teachers of Xaviersand mam one more thing ..I love your voice ♥

Ujjwal's Mother (4-I)

Thank you mam..though he is not a champion in chess..a bit of he knows ..but he wanted to take participate in that....I always teach him winning is not important always participation is important because we learn something when we participate..thank you mam ☒ he is happy ♥
Aaryan Samanta (4-I)

Daksh was really excited and thoroughly enjoyed doing the nouns activity. After finishing the book he told me I'll make more like these for other topics. Looking forward to more fun-filled activities like these which keep the kids engrossed.
Daksh Kaushik 4 A

Hello Ma'am, thank you so much for trusting Mishika to perform in the Litwiz quiz. It was a great opportunity for her to learn in such a well organized and articulated quiz. The level of the quiz was appropriate and pushed them to strive for the best! Synchronization of rounds were so apt and smooth!! A big thanks to you and all the mentors involved in preparing the kids for the same! Always looking forward for such enlightening and fun based quizzes and events! Thank you once again!!

Mishika Sabharwal
(4-C)

"Keep your face to the sunshine and you can not see a shadow."

RESONANCE FROM THE PARENTS' HEART

*How sweet of you ma'am to acknowledge her efforts. She is truly blessed to have you as her class teacher
Shivani Pimpalpure (4C)*

Thank you so much, ma'am...I was not aware...will update him...Advaya is really lucky to have a teacher who is so motivating and kind. Advaya just told me I Like Ma'am after I read out the message to him...thank you for your efforts once again

advaya - 4 -I

Good morning mam

Aaryan was so so excited as same as the last year..he really enjoys and seriously mam he read the novel thoroughly..he woke up at 6:30 am today and saying to me mummy ask the questions from me as he already prepared for it 😊😊

Thanks mam for his selection .this is the first shakespeare novel he has read and enjoyed..

Thank you so much mam ♥

Aaryan Samanta (4-1)

I heartly thank to the Management and the Teachers associated with Litwiz, for initiating these opportunities for kids to learn something beyond their book..

Niviransh -4H

"Wearing A Mask Could Be A Task but Remember it can save not only your life but of many".

RESONANCE FROM THE PARENTS' HEART

Hello Geetanjali Ma'am, it was nice seeing you today with kids. Looking forward to interacting with you in coming days. ☑️😊
Torsha Mishra (4-A)

Good evening mam
Aaryan samanta just loving your class and his favourite subjects are English and Evs
Thank you so much mam ❤️

Aaryan Samanta (4-I)

Gud morning Mam, Really appreciate the way Chapter recap is being conducted tdy...this will certainly enhance their recalling n speaking abilities... wonderful Mam ☑️☑️

Niviransh -4H

"Keep your face to the sunshine and you can not see a shadow."

RESONANCE FROM THE PARENTS' HEART

Good morning mam

Aaryan was so so excited as same as the last year..he really enjoys and seriously mam he read the novel thoroughly..he woke up at 6:30 am today and saying to me mummy ask the questions from me as he already prepared for it 😊😊

Aaryan Samanta 4-I

Good afternoon ma'am...

All the kids in our class performed very well... 🎉🎉 all of them gave the correct answers 🎉🎉 It was a very well organised and conducted quiz...

Hearty congratulations to u too ma'am for all the hard work and constant support... 🎉🎉

Regards

Swarna Sharma 4F

Hello Ma'am, thank you so much for trusting Mishika to perform in the Litwiz quiz. It was a great opportunity for her to learn in such a well organized and articulated quiz. The level of the quiz was appropriate and pushed them to strive for the best! Synchronization of rounds were so apt and smooth !! A big thanks to you and all the mentors involved in preparing the kids for the same! Always looking forward for such enlightening and fun based quizzes and events! Thank you once again!!

Mishika Sabharwal-4C

Congratulations to all the participants. It was an enriching and knowledge-based platform where everyone showcased their intellect very well. Daksh was so excited though he was not participating this time but on mute answering all the questions enthusiastically. Looking forward to all the coming competitions this year. Thank you to Geeta Ma'am and all the teachers for making it a fun-filled event.

Daksh Kaushik-4 A

"Every person is born with a talent and now the stage is open to showcase your 'X' factor."

RESONANCE FROM THE PARENTS' HEART

I am always fond of the quiz events as not only it engrosses my child to perform in quiz but also provides will to participate and opportunity to learn and explore new dimensions of different subjects. Well done to all organisers of this event and Headmistress ma'am .. Congratulations to lovely kids for showing great enthusiasm..

Regards

Taruna Gupta, mother Aarush's Kalsotra 4F.

**EXPERIENCE WAS ANSWER...WITH THESE KIND OF EXPERIENCES THEY LEARN LOTS OF NEW THINGS AND THEIR PERSONALITY ALSO ENHANCES...THANK U SO MUCH FOR GIVING AN OPPORTUNITY TO VANA TO PARTICIPATE AND BCZ OF WHICH SHE LEARN NEW NAMES OF BOOKS AND AUTHOR THOUGH ITS A MATTER OF CHANCE THAT SHE WAS UNABLE TO ANSWER HER OWN QUESTION
VANA CHANDEL-4G**

Hello ma'am, congratulations for the victory. The LitWiz Quiz was an exceptional platform for the little English Literature wizards to showcase their love for the subject. Kudos to the team of teachers for their constant support and guidance which helped the kids to perform to the best of their ability. Thank you Geetanjali ma'am for organising the event flawlessly.

Shivani Pimplapure-4 C

"Every person is born with a talent and now the stage is open to showcase your 'X' factor."

RESONANCE FROM THE PARENTS' HEART

Beautiful and very creative teachers we have for our kids. Wishing you all teachers a happy Mothers day too . U all are the second mothers for our kids. We are proud and blessed to have great mentors like our lovely teachers. MAY GOD BLESS YOU ALL WITH GOOD HEALTH AND KEEPS YOUR FAMILY SAFE AND BLESSED .

*THANKS,
Meksha's Mother
"Ruchi"*

I thoroughly enjoyed the online mom's day celebration by St Xaviers High school..Thanks to all the organisers involved for making this day special for us . Wishing same to all of you , Happy mother's day..

Regards

Aarush Kalsotra mother Taruna.

Good evening mam..it was really fun and masti loving session for all the mothers...as we all are at home suffering one way or the other....this is really "much needed "... I always appreciate the hard work and creativity of all the teachers of Xaviersand mam one more thing ..I love your voice ♥