

XAVRONICLE

QUARTERLY REVERBERATION OF WONDER TIME
GRADE -VIII

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CAMPUS BUZZ

Investiture Ceremony

“A leader is the one who knows the way, goes the way and shows the way.”

The magnificent Investiture Ceremony on 19th May, 2022 marked the grand presentation of the Student Council of St. Xavier's High School, Sector-49. Our revered School Director, Director-Principal, Headmistresses, and Parents honoured the celebration with their presence.

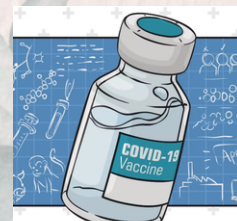
The day began seeking Almighty's blessings, followed by a welcome song and a variety of activities. To be invested, the student office bearers processed towards the stage on the rhythm of the processional music. They were then administered the oath by the Director-Principal; to place the interest of others before their own, to preserve their integrity and safeguard the honour of the school, glory, and dignity before receiving their prized badges.

It was a proud moment for the parents and the teachers to see their children taking up this huge responsibility as they set out to become leaders.

The Director-Principal in his address congratulated the parents and the teachers, commended the newly elected members and emphasized the importance of remaining humble, be assertive and lead by example while in positions of authority. The School's Director also encouraged pupils to work harder with a common goal in mind for the improvement of the institution. The ceremony came to a close with the School Song and the National Anthem.



Vaccination Drive



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

4TH VACCINATION DRIVE
for the students of
AGE GROUP 12 TO 14 YEARS
Sponsored by Govt. Of India
Vaccination: CORBEVAX
Date: 26th May, 2022 | Time: 11:00 am - 1:00 pm
Venue:
St. Xavier's High School, Sec-49 Gurgaon



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organises
VACCINATION DRIVE
COVID VACCINATION
Sponsored by Govt. of India
Age Group: 12 - 14 Years — **Vaccination: Corbevax**
Date: 16th April 2022 | Time: 11:00 am- 1:00 pm
Venue:
St. Xavier's High School, Sec-49 Gurgaon

International Yoga Day

ST. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organizes a Live Session on

**TATTVA
YOG**

BY AN **ISHA FOUNDATION** INSTRUCTOR
In conversation with the students of Grade V & VIII
on the occasion of
INTERNATIONAL YOGA DAY 2022
YOGA FOR HUMANITY

TUESDAY, 21 JUNE 2022 8.30 AM ONWARDS

'Yoga is the path towards being boundless.'

TRINITY
COLLEGE LONDON
Registered Exam Centre 69746

f LIVE

International
Day of Yoga
2019-22

Every year June 21 is celebrated as 'The International Yoga Day' all over the world. This idea was proposed by our Hon'ble Prime Minister, Mr. Narendra Modi. Yoga is an invaluable gift of India's ancient tradition. The purpose of yoga is to build strength, awareness and harmony in both, mind and body, to harmonize the five elements of our body and to celebrate the 8th International Yoga Day, St. Xavier's High School organised a LIVE Yoga session- 'TATTVA YOG' by a Yoga instructor from Isha Foundation.

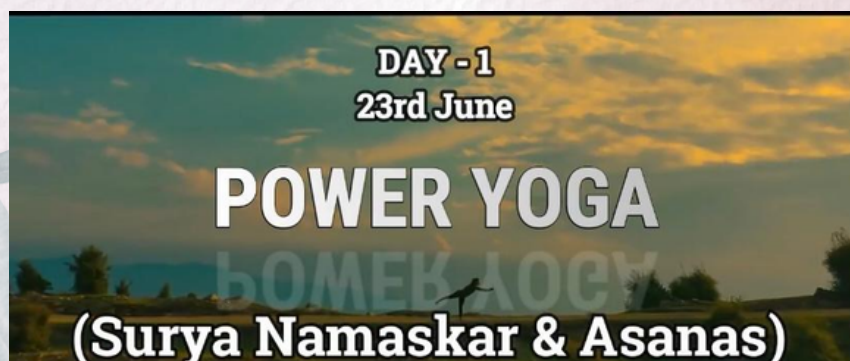
International Yoga Day



Day 1: Power Yoga (Surya Namaskar and asanas)

Day 1 of the Yoga Week 'Curated Calm –Power Yoga' witnessed enthusiastic and eager participation from all.

The Yoga instructor Ms. Malkit demonstrated various asanas, breathing exercises and Om chanting, with our audience doing yoga in unison towards better health and wellness.



International Yoga Day

Day 2 of Yoga Week 'Curated Calm' - Acupressure and Sujok Therapy emphasised on the importance of yoga and physical exercises in our daily life. The yoga instructor Ms Malkit showed various Acupressure points to our audience. The goal of the instructor was to restore the healthy balance of our body and to regulate the opposing forces of positive energy and the negative energy.



**Day 3: Naturopathy
"Nature itself is the best physician"**

Naturopathy is treating illness using the five elements- water, air, fire, soil and space known as Panchamahabhutas.

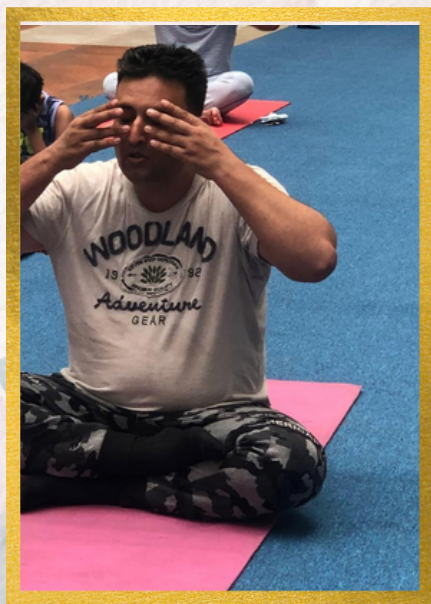
A rejuvenating Naturopathy session was organized on Day 3 of the "Curated Calm. Cleansing of the body chakras restores physical and mental balance. A positive approach for healthy living and inner purification through nature is a small step towards it.



International Yoga Day

Day-4 Mud Therapy Session

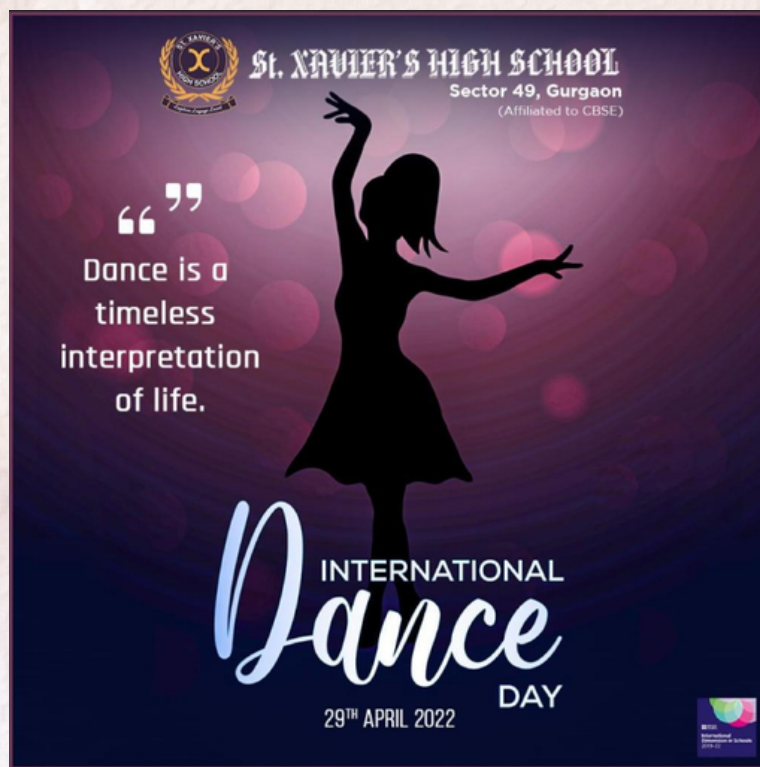
A Mud Therapy Session on the 4th day of the International Yoga Day was conducted. Mud is refreshing, invigorating, revitalizing and gives a cooling effect to the body. It dilutes and absorbs the toxic substances of the body and ultimately eliminates them from the body. It relaxes the muscles, improves blood circulation and helps to regulate the metabolism. The yoga instructor also demonstrated a few techniques using mud therapy, which created awareness among the audience on the subject.



Day -5 Meditation for Relaxation of Mind
Yoga Week was concluded with Jal Neeti and Meditation Session. Different yoga postures and breathing techniques were taught to strengthen the immunity. The innumerable benefits of practicing Yoga and mediation were also elucidated to all the participants. The week long celebration concluded with breathing techniques and exercises like Pranayams, Anuloma and Viloma, Jal neeti, Meditation and Relaxation with Laughter yoga.



INTERNATIONAL DANCE DAY



"Dance is the joy of movement and heart of life."

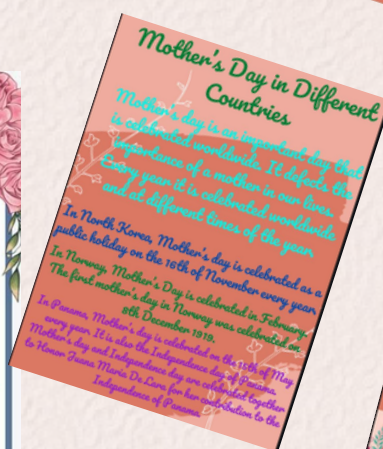
April 29th is celebrated as the International Dance Day which was introduced by the International Theatre Institute. This day is celebrated with great joy and enthusiasm all around the world.

We, at St Xavier's High School, celebrated this International Day with great joy and zeal.



MOMents

Celebrating Motherhood

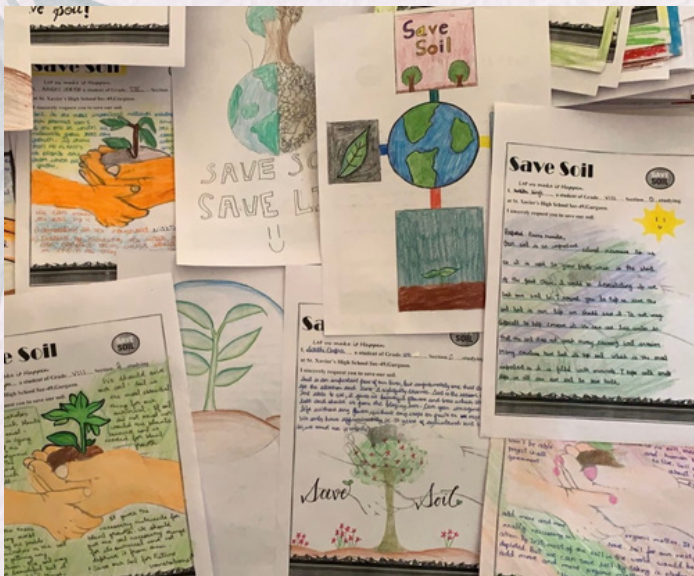


"Mothers are not the ones that never struggle, they are the ones that never give up despite the struggle.
"A mother is your first friend, your best friend, your forever friend."

Mother's Day is a celebration honoring mothers, celebrating motherhood, maternal bonds and the influence of mothers in society. There is one relationship in this mortal life which effortlessly scores above all other known relationships on this Earth. That relationship is none other than of a mother with her child. A mother is someone who shows love, dedication, and devotion towards her family. Mother's Day is the day to give extra recognition to our amicable mothers; the superheroes of our Xaverians. Catering to the same thought, St. Xavier's High School invited all the gregarious moms of Grades III - VIII for a fun-filled session



Save Soil movement is an initiative launched by Sadhguru to address soil degradation and advocate for healthy soil. We, at St Xavier's organised Save Soil poster making activity. The students wrote letter to our respected Prime Minister Mr. Narendra Modi presenting him their ideas on 'How to save soil'.




BOOK DONATION DRIVE

Give Today For A Better Tomorrow

Empathy is what the Xaverians are taught from the very young age. This enables them to understand to feel in order to make an effective contribution and bring a difference in the lives of all around them.

Xaverians distributed the books to the needy collected during the Books Donation Drive. Nearly 4500 books were distributed by the Xaverians.

It was indeed a proud moment to witness the little Xaverians read out books patiently to the children who were just the same age as them.




ST. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organizes
Books Donation Drive


4th April - 8th April, 2022

Gift a **book**, Gift a **smile** !



Don't Let Your Books End Up in a Landfill,
Donate them!

TRINITY
COLLEGE LONDON
Registered Exam Centre (2005)



PEACE RALLY

"Peace is the virtue of civilization. War is its crime"



A Rally- Peace, Unity & Harmony, the way of Life...

A peace rally was organised by the Xaverians. It was an initiative to save the world from the scourge of war and to promote lasting peace in the society. The students of grades VII and VIII had put up the rally to spread solidarity and love in the world. The Xaverians demonstrated the repercussions of the war.

SUPERLATIVES OF TOURNEY

Inter-House English Handwriting Competition



ST. XAVIER'S HIGH SCHOOL

Result Sheet

**An Inter Class English Handwriting
Competition**


Held on April 28, 2022

Class VIII

Congratulations

POSITION	WINNERS
First	1. Siddhi Chopra VIII C
Second	1. Aashi Aarzoo Xalxo VIII A 2. Seerat Sidana VIII A
Third	1. Saanvi Balayan VIII C 2. Priyanshi Vashist VIII E
Good Efforts	1. Aditya Nandwani VIII D 2. Yashica Singhal VIII B

The Monthly Battle for being Most Cognizant - A Vigilant Eye




St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)


Organises

MONTHLY BATTLE FOR BEING MOST COGNIZANT
A VIGILANT EYE

AN INTER-CLASS CURRENT AFFAIRS QUIZ
FOR THE STUDENTS OF
GRADES III-VIII






International
Diversification in Schools
2019-22



St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)

CONGRATULATES GRADE VIII WINNERS!






First Position
NABHI JOSH
VIII C

Second Position
NIRJAAS DEY
VIII A


Third Position
AANYA SINGH
VIII A

OF
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"
A VIGILANT EYE
INTER CLASS CURRENT AFFAIRS QUIZ
FOR THE
MONTH OF APRIL



St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)


CONGRATULATES GRADE VIII WINNERS!




First Position
NABHI JOSH




Second Position
AKARSHA KUMAR SINGH

OF
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"
A VIGILANT EYE
INTER CLASS CURRENT AFFAIRS QUIZ
FOR THE
MONTH OF JUNE



St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)

CONGRATULATES GRADE VIII WINNERS!

First Position
NIRJAAS DEY
VIII A

Second Position
AANYA SINGH
VIII A

Third Position
NABHI JOSH
VIII C

OF
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"
A VIGILANT EYE
INTER CLASS CURRENT AFFAIRS QUIZ
FOR THE
MONTH OF MARCH

Inter-House Declamation Competition

“Speech is power, speech is to persuade to convert, to compel.”

An Inter-House Declamation Competition was organised for the students of Grade VIII on Thursday, 12th May, 2022

Topic: If You can Believe it, the Mind can Achieve it




ST. XAVIER'S HIGH SCHOOL
Result Sheet
An Inter-House English Declamation Competition
Held on May 12, 2022
Class VIII
Congratulations

POSITION	WINNERS
First	Yuvaan Rao VIII B (St. Michael)
Second	Aarna Dave VIII B (St. Raphael) Nabhi Josh VIII C (St. Michael)
Third	Davina Toppo VIII A (St. Patrick)
Consolation	Siddhi Chopra VIII C (St. Raphael) Rubaina Kalsi VIII E (St. Raphael)

INTER-SCHOOL FOOTBALL TOURNAMENT

“Winning reflects that you are willing to go longer, work harder and give more than anyone else”



The students from St. Xavier's High School, Sector 49, Gurugram added another jewel in the crowning glory of the school by bagging the Runner-up trophy in the Under-12 Inter-School Football Tournament organised by Pathways World School, Gurgaon.



Heartiest congratulations to all our ardent footballers for this glorious achievement and bringing accolades to the school.

INTER-CLASS ENGLISH



ST. XAVIER'S HIGH SCHOOL

Result Sheet

An Inter-Class English Spellathon
Competition

Held on May 11, 2022

Class VIII

Congratulations

POSITION	WINNERS	
Exemplary Performance	VIII A 1. Aashi Aarzoo Xalxo 2. Aanya Singh 3. Bhavya Rao 4. Nirjaas Dey 5. Sharlena Sen 6. Sinjini Bhowmik 7. Verdhan Jain	VIII C 1. Arnav Chauhan 2. Shyamak Seth 3. Nabhi Josh
	VIII B 1. Akarsha Kr Singh	VIII D 1. Aaditri Singh
		VIII E 1. Arihant Maheshwari

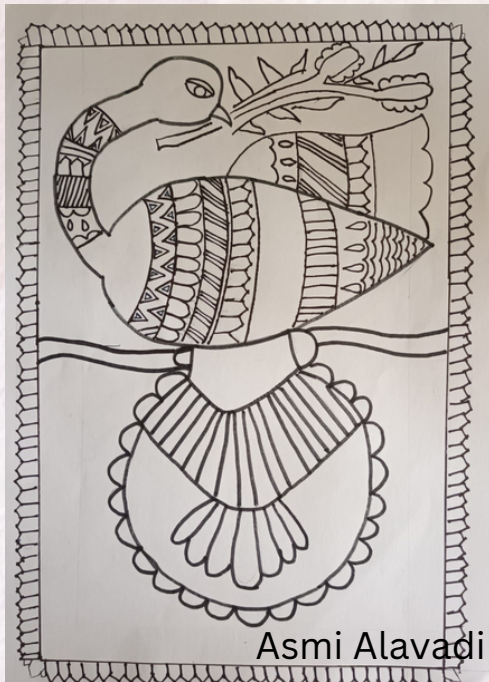
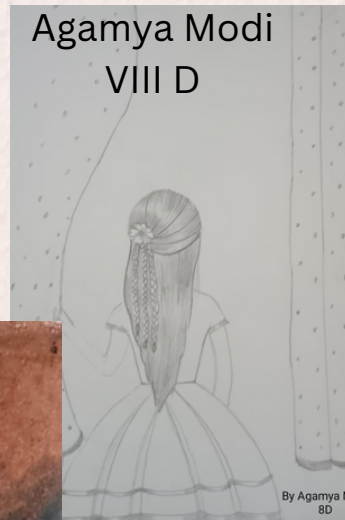
CREATIVE CORNER



Saanvi Balayan
VIII C



Agamya Modi
VIII D



Asmi Alavadi
VIII D



Priyanshi Vashist
VIII-E

Mansha Modi
VIII D



DEETYA GUPTA
8E



Kashvi Malik
VIII A

RESONANCE FROM PARENTS' HEART

**THANKS A LOT FOR YOUR SUPPORT AND
COOPERATION. AARAV IS THOROUGHLY ENJOYING
THE SCHOOL.**

- AARAV VERMA VIII A

**THANK YOU MA'AM, AS YOUR TEACHING METHODOLOGY
HELPED MY DAUGHTER SCORE WELL IN EXAMS.**

- ANSHIKA SRIVASTAVA VIII E

**THANK YOU FOR UNDERSTANDING YOUR STUDENTS.
WE ARE HAPPY THAT OUR DAUGHTER IS
IN RIGHT HANDS.**

-RAAVI SENGAR VIII D

**THANKS FOR ALL THE GUIDANCE AND CONTINUED
SUPPORT. ANUSHKA HAS DONE BETTER.**

-ANUSHKA VERMA VIII C

**THANKS TO ALL THE TEACHERS FOR MAKING MY CHILD
COMFORTABLE IN THE NEW ENVIRONMENT.**

-SHIVANSH VYAS VIII E