

REPORT OF INTER HOUSE RELAY RACE

Name of the Activity : Relay Race
Theme : NA
Day & Date : 3 July 2024
Class : X (Girls)
Activity Incharge : Ms Rishu Kaul
Teacher Incharge : Ms Monika Sain

"Winning is great, sure, but if you are really going to do something in life, the secret is learning how to lose. Nobody goes undefeated all the time. If you can pick up after a crushing defeat and go on to win again, you are going to be a champion someday." – Wilma Rudolph

A Glimpse of the Event

Objectives:

- To promote physical fitness and healthy competition among students.
- To enhance teamwork and coordination skills.
- To provide a platform for students to showcase their athletic abilities.
- To foster a spirit of sportsmanship and camaraderie.

MBS International School organized an exciting Inter House Relay Race event for the girls of Class X on July 3, 2024. The event aimed to encourage physical activity, teamwork, and a competitive spirit among students. The relay race provided an excellent opportunity for students to exhibit their athletic skills and teamwork.

The Relay Race was held on the school's basketball court, following standard relay race rules. Each team consisted of four runners, with each runner covering a distance of 100 meters in a 4x100 meter relay format. The race was designed to test both individual speed and team coordination.

A total of 16 students from Class X participated in the relay race, forming eight teams. The participants displayed great enthusiasm and sportsmanship throughout the event. The teams were formed based on a preliminary selection process to ensure balanced competition.

Parameters/ Judgement criteria

- Speed and Performance
- Team Coordination
- Sportsmanship

Result Girls Relay Race

S No.	House	Positions
1	Vivekanand	First
2	Teresa	Second
3	Tagore	Third

S No.	Name of Participants	Class & Section	House	Positions
1	<ul style="list-style-type: none"> • Nandini Sharma • Harshita Sharma • Niya Goswami • Pragya Gautam 	X A X A X A X B	Vivekanand	First
2	<ul style="list-style-type: none"> • Dhriti Kashyap • Garvita Goyal • Sonakshi Sharma • Jiya Chopra 	X A X A X B X A	Teresa	Second
3	<ul style="list-style-type: none"> • Kanan Verma • Palak Gupta • Saumya Yadav • Sahaj 	X A X B X B X B	Tagore	Third
4	<ul style="list-style-type: none"> • Ishika • Vanshika • Aayushi • Ishika 	X B X C X B X B	Curie	Fourth

