Subject- Activities for Fit India School Week celebration 2022

Dear Sir/Madam,

SAI has informed that, this year, the event is scheduled from 15th November to 15th December, 2022_ During the period schools will celebrate Fit India School Week in various ways for 4 to 6 days in a week, to reaffirm the importance of fitness in one's daily life. For participation in Fit India School Week, the schools will be required to select any week between15th November to 15th December 2022 and celebrate the same. The schools can register on Fit India portal and communicate the dates of Fit India School Week celebration in their school. The indicative list of activities for the event is attached. Fit India Team has also informed that, schools are required to celebrate their Annual Sports Day in the Fit India School Week, where they may identify the exceptional sporting talents among their students and provide their details on Fit India portal. The step by step guide of registration and consequence procedure is also attached along with a Banner on Fit India School Week. You are requested to take action accordingly.