



BRAIN INTERNATIONAL SCHOOL

EVS WORKSHEET

CLASS-III

JULY 2024

NAME: _____ CLASS: _____ SEC: _____ DATE: _____

Ch-3 THE FOOD WE EAT

Q.1. Identify the pictures and write what type of food it is.

a)



b)



Q.2. Choose the correct options -:

a) Food items like rice , chapattis and breads provide us _____.

- (i) Energy (ii) Fats (iii) Vitamins (iv) Minerals

b) A food item that contains about 96 % water is _____.

- (i) Pumpkin (ii) Cucumber (iii) Carrot (iv) Potato

c) Drinking _____ is important for health.

- (i) water (ii) cold drink (iii) fruit juice (iv) all of these

Q.3. Answer the following questions.

a) How do protective food help us?

b) Why should we always wash fruits and vegetables before eating?

c) Write any three healthy food habits?

Q.4. Assertion & Reasoning based question :

Assertion : A balanced diet makes us healthy.

Reason : A balanced diet contains all the necessary food items in the right amount for keeping our body healthy and fit.

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A.

Q.5. Read the following carefully and answer the following.

Fresh fruits and certain vegetables should not be cooked, instead they should be eaten raw in the form of salad. It is because if these food items are cooked, many protective nutrients may be lost due to heat.

a) Why some vegetables should not be cooked ?

b) Name some vegetables which should be eaten raw.



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Ch-19 ANIMALS AND BIRDS

Q.1. Identify the categories of the following animals and write its name.

a)



b)



Q.2. Choose the correct options:-

a) Sparrows and pigeons live close to _____.

- (i) Mountains (ii) Rivers (iii) Humans (iv) Forests

b) The smallest bird in the world is _____.

- (i) Humming bird (ii) Eagle (iii) Ostrich (iv) none of these

c) These feathers are soft, small and fluffy feathers found on the underside of the bird.

- (i) Body feathers (ii) Down feathers (iii) Flight feathers (iv) all of these

Q.3. Answer the following questions.

a) What is hatching?

b) How do parrots use their claws?

c) How do tailor bird makes its nest?

Q.4. Assertion & Reasoning based question :

Assertion : Animals that live in water do not require legs.

Reason : Fishes swim in water with the help of fins and tail, ducks swim with their webbed feet and turtles have paddle-like limbs to push water and swim.

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A.

Q.5. Read the following carefully and answer the following.

Birds do not have teeth. They have beaks that help them to eat. The beaks of the birds differ according to the kind of food they eat. Birds like pigeon that feed on seeds have short beak, a parrot eats nut with its strong curved beak, a woodpecker has a long beak that helps it to pull out insects from the bark of the tree, a duck has flat, broad beak with holes on its sides and kingfisher has a long, scissor-like beak for catching fish.

a) How do birds eat?

b) Name different kinds of beaks.

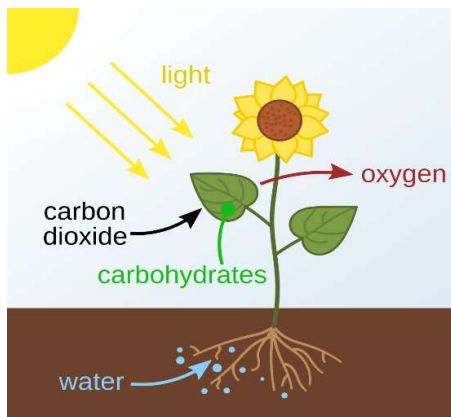


NAME: _____ CLASS: _____ SEC: _____ DATE: _____

Ch-18 PLANTS – OUR FRIENDS

Q.1. Identify the pictures and write its name.

a)



b)



Q.2. Choose the correct options :

a) Plants which have thin and green stems are called _____.

- (i) Herbs (ii) Shrubs (iii) Climbers (iv) Creepers

b) _____ is a fruit and not a vegetable since it has seeds in it..

- (i) Chilli (ii) Coriander (iii) Ginger (iv) Turnip

c) Leaves of plants like cactus turn into _____.

- (i) Spines (ii) Stems (iii) Fruits (iv) Seeds

Q.3. Answer the following questions.

a) What are cereals?

b) Write any two uses of leaves.

c) Why do we use spices?

Q.4. Assertion & Reasoning based question :

Assertion : Plants give us oxygen to breathe .

Reason : When plants prepare their food, they give out oxygen and take up carbon-dioxide from the air. Thus, they give us clean air to breathe.

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A.

Q.5. Read the following carefully and answer the following.

Fallen leaves are useful too. We should not burn these dried leaves. Dried and fallen leaves should be collected in a pits. The leaves rot in these pits and turn into manure after a few weeks. Manure makes soil fertile and helps the plants to grow well.

a) Why are fallen leaves useful ?

b) How manure is useful for plants?



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Ch-4 AN IDEAL HOME

Q.1. Identify the pictures and write its name.

a)



b)



Q.2. Choose the correct options:-

a) Early humans lived in _____.

- (i) Grass (ii) Cave (iii) Flat (iv) none of these

b) We should clean our house _____.

- (i) Everyday (ii) Every monthly (iii) On every festival (iv) none of these

c) We should throw garbage in _____.

- (i) River (ii) Street (iii) Dustbin (iv) all of these

Q.3. Answer the following questions.

a) What are biodegradable wastes ?

b) What are pests?

c) What do you mean by kutcha house?

Q.4. Assertion & Reasoning based question :

Assertion : We should keep two separate dustbins for biodegradable and non-biodegradable wastes.

Reason : This helps in sorting and disposing garbage easily and helps in maintaining cleanliness of the place.

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A.

Q.5. Read the following carefully and answer the following.

Apart from being strong, a house should also be clean. It is very important for our health that we keep our house neat and clean. To keep our house neat and clean, we should sweep and dust our house regularly, keep things at their proper places and throw away the garbage in the covered dustbin etc.

a) Apart from being strong, a house should also be clean. Why?

b) Write some ways to keep our house clean.
