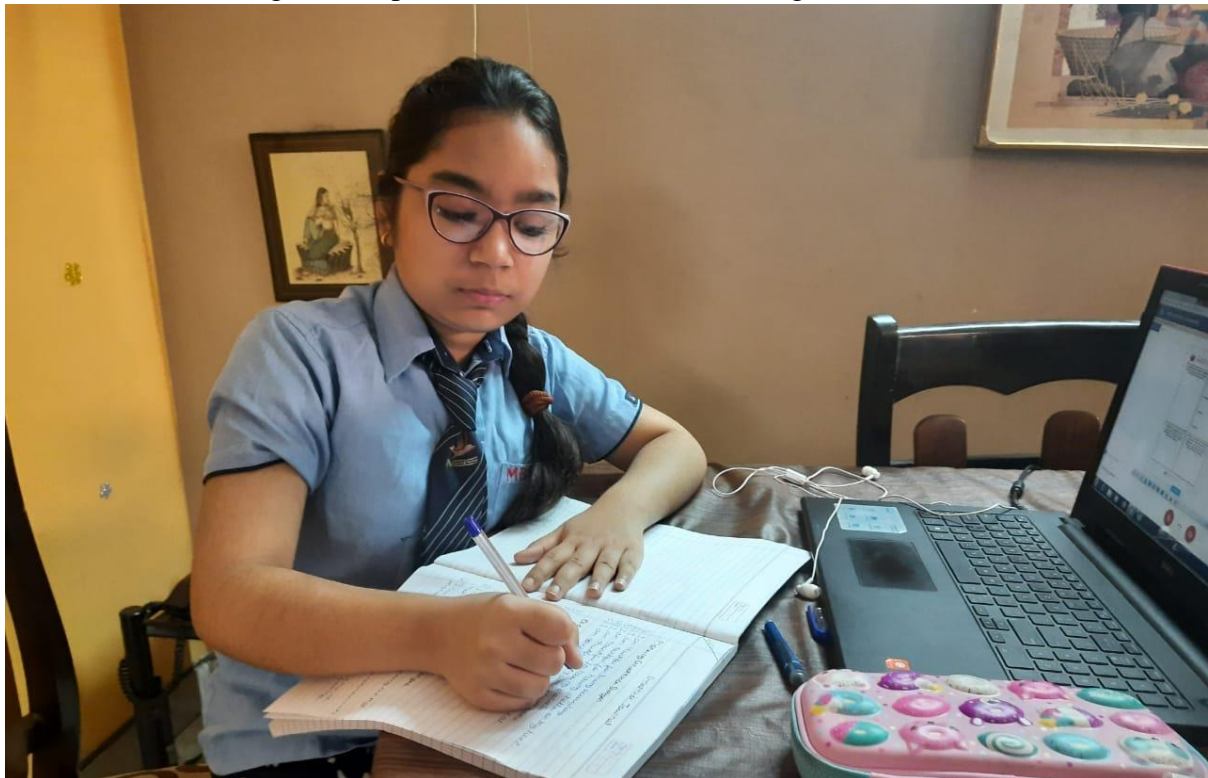
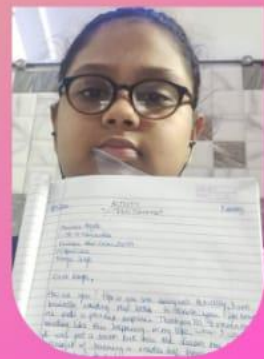
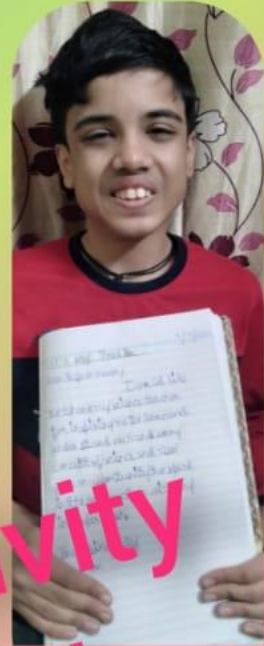
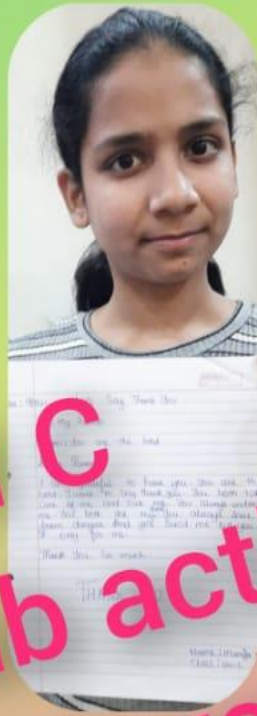
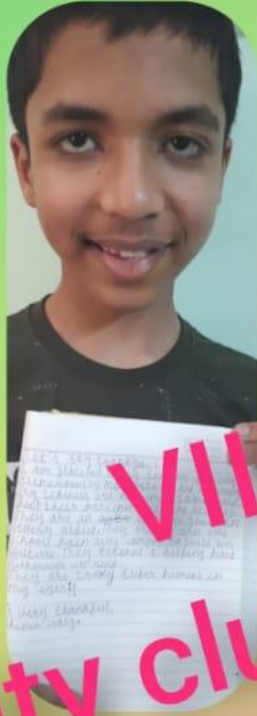
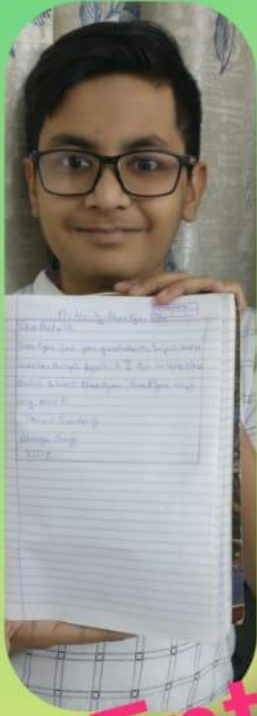
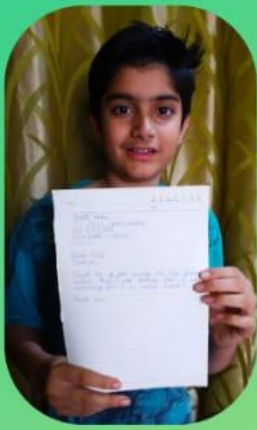


**MBS INTERNATIONAL SCHOOL  
SECTOR 11, DWARKA  
ENTITY CLUB  
ACTIVITY REPORT  
LET'S SAY THANK YOU**

***“Gratitude is the fairest blossom which springs from the soul.” – Henry Ward Beecher.***

People from all backgrounds, young and old, student and teacher, have the same desire to be appreciated and feel like they belong. Their relationships are the fertile ground for their personal and academic growth. Gratitude is for everyone and ideal for building school culture. Making the practice accessible for all students is important for building positive relationships, self-esteem, and community. Keeping this in mind, the Entity Club of MBS International School, Dwarka, organised a gratitude-based activity “Let’s say Thank You” on April 9, 2021 for the students of grades VI-X. The students joyfully engaged in various activities like, writing a thank you note to a dear one, making a gratitude journal, sharing various things for which they are grateful and narrating stories. Gratitude practice has a positive effect on academic achievement and social integration. It directly supports prosocial behavior between students and the entire school community. Put simply, gratitude helps students make friends, feel safe, and ultimately perform better in school. Many schools wrestle with creating a healthy culture that supports students’ wellbeing and achievement. The success MBS International School, Dwarka experienced using gratitude in safe, accessible, and effective ways makes the case for other schools to add gratitude practice to their culture-building toolkit.





VIII C  
Entity club activity  
Say "Thank you"



