



**MBS INTERNATIONAL SCHOOL**  
**Entity Club Activity**  
**SESSION 2022-23**

**Name of the Activity** : Article Writing  
**Topic** : Eat Right  
**Date** : November 9, 2022  
**Class** : VI

**Glimpse of the Event**

**Objectives:**

- To enable students to identify healthy and unhealthy foods.
- Students are able to learn better when they're well nourished
- To make students understand the importance of eating healthy meals.

*“The food you eat can be either the safest and most powerful form of medicine or the slowest form of poison.” – Ann Wigmore*

MBS International school organized an activity on ‘**Eat Right**’ for Grade VI as a part of Entity Club Activity to make students understand the importance of healthy diet and inculcate habits of eating right. The workshop was conducted by respective teachers who informed students about the importance of good food and good health. Later they were asked to write an article on ‘Eat Right’ according to their understanding. The students of grade VI enthusiastically took part in the activity. It was delightful to witness students participating ardently.

**Parameters/ Judgement criteria**

- Overall presentation
- Clarity and expression
- Originality of work
- Understanding of topic

**Result (Grade VI)**

S.NO	Student Name	Class	Positions
1.	Kushagrah, Vaibhavi, Aditi Srivastava	VI A	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
2.	Atharv, Pracheta, Arisha	VI B	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
3.	Inderjeet, Sariksha, Rishika	VI C	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
4.	Parag Verma, Hitanshi Khangwal, Vidisha Jain	VI D	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>

Activity Incharge  
Ms Chamanjit Kaur