



## WORLD BICYCLE DAY

DATE	:	3 <sup>rd</sup> June, 2024
NAME OF COMPETITION	:	World Bicycle Day
CONDUCTED BY	:	Sports Department
NAME OF TEACHERS IN-CHARGE	:	Mr. Rajput

ITL Public School celebrated World Bicycle Day on June 3, 2024. In line with this year's theme, "Promoting Health, Equity, and Sustainability through Cycling. The school organized a bicycle rally for its students, parents and teachers. Life is like riding a bicycle. To keep your balance, you must keep moving. This day celebrates the uniqueness, durability, and versatility of the bicycle, promoting it as a simple and sustainable means of transportation. By honoring the joy of bicycling, we look forward to a future with more clean transportation. Riding a bike makes the world feel more open and friendly. World Bicycle Day reminds us how bikes can improve our overall health and well-being. Everyone enjoyed the bicycle ride as it is not only a physical activity but also a mood booster and reduces stress and anxiety. It provides an opportunity to connect with nature while enjoying the scenic route.

